
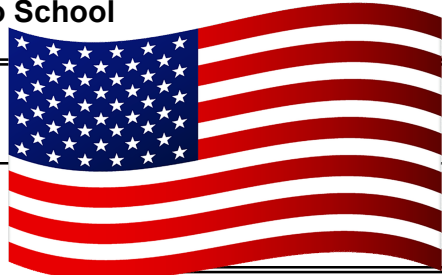
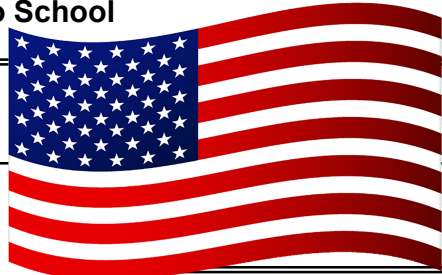



NOVEMBER					RIVER SPRINGS K-8	
10/29	10/30	10/31	1	2		
			Lunch CHILI NACHO COMBO also available Vegetarian CRISPY CHICKEN DRUMSTICK ^ Southwestern Corn, Corn Muffin ^ Apple Slices	Lunch POPCORN CHICKEN ^ OR PEPPERONI PIZZA ^ Jalapenos Romaine Lettuce, Fat Free Ranch Dressing Pineapple Tidbits		
Lunch CHICKEN & GREEN CHILE TAMALES OR CHEESEBURGER & BUN ^ OR CHEESE & GREEN CHILE TAMALES # Whole Kernel Corn, Diced Pears	Lunch SPAGHETTI & MEATBALLS ^ OR SPAGHETTI & MEATBALLS # ^ OR BBQ CHICKEN & BUN ^ Fresh Zucchini Slices, (IW) Breadstick ^ Orange Tangerine Juice	Lunch ORANGE CHICKEN w/ BROCCOLI OR CHEESE LASAGNA w/ TOMATO SAUCE OR ORANGE CHICKEN w/ BROCCOLI # Fresh Red Pepper Slices Pineapple Tidbits	Lunch BEEF & CHICKEN TOSTADA ^ OR BEAN & CHEESE PUPUSA # Jalapenos, Fiesta Beans Apple Slices	Lunch CHICKEN SANDWICH on BUN ^ OR TURKEY CORN DOG MONTEREY VEGGIE BURGER on BUN^ # Country Blend Vegetables, Fresh Fruit		
12	13	14	15	16		
Veteran's Day		Lunch PEPPERONI FLATBREAD ^ OR GENERAL TSO'S CHICKEN w/ NOODLES^ OR CHEESE FLATBREAD ^# Fresh Cauliflower Florets Fresh Pear	Lunch CRISPY CHICKEN DRUMSTICK ^ OR SALISBURY STEAK w/ MASHED POTATOES # Corn Muffin ^, (IW) Sliced Bread ^ Fresh Red Pepper Slices, Sweet Maple Carrots Mixed Fruit Cup	Lunch FRENCH TOAST STICKS w/ SAUSAGE ^ OR FRENCH TOAST STICKS w/ EGGS # ^ OR CHICKEN ALFREDO PASTA ^ Mango Wango Juice, Diced Peaches		
No School 	Non-Student Day					
19	20	21	22	23		
 Thanksgiving Break						
26	27	28	29	30		
Lunch CORN DOG OR CHICKEN & GREEN CHILE TAMALES OR VEGGIE NUGGETS # Corn, Fresh Jicama Sticks, Mixed Fruit Cup	Lunch CHICKEN QUESO BURRITO ^ OR BEAN & CHEESE BURRITO ^ # OR BUILD YOUR OWN TACO w/ (IW) Soft Tortilla ^ Refried Beans Applesauce Cup	Lunch SALISBURY STEAK w/ MASHED POTATOES OR SALISBURY STEAK # OR CHICKEN SANDWICH w/ BUN ^ Mixed Vegetables, Fresh Fruit	 Lunch GEN TSO'S CHICKEN & NOODLES ^ (& available Vegan) OR SPAGHETTI ^ & MEATBALLS Fresh Red Pepper Slices Strawberry Kiwi Juice	Lunch PIZZA DIPPERS^ w/ Marinara Dipping Sauce OR ORANGE CHICKEN w/ Broccoli (IW) Breadstick^ Fresh Baby Spinach w/ Light Ranch Dressing Diced Peaches		
**ALL MEALS SERVED WITH THE APPROPRIATE CONDIMENTS AND THE CHOICE OF 1% or 0% MILK ** ^ DENOTES ITEM IS WHOLE GRAIN OR WHOLE WHEAT ** # DENOTES ITEM IS VEGETARIAN						
**MENU SUBJECT TO CHANGE			**WE ARE AN EQUAL OPPORTUNITY PROVIDER			