

Breakfast & Lunch Menu

Breakfast & Lunch Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	October 1, 2019	October 2, 2019	October 3, 2019	October 4, 2019
	Breakfast VANILLA YOGURT	Breakfast	Breakfast	Breakfast
	VANILLA YOGURT	BANANA MUFFIN ^	WHOLE WHEAT BAGEL	CINNAMON TOAST CRUNCH ^
	Granola ^	String Cheese	Cream Cheese	Animal Grahams
	Applesauce Cup Fruit Punch Juice	Fresh Apple* Milk	Fresh Banana Orange-Tangerine Juice	Fresh Apple* Milk
	Milk	IVIIK	Milk	IVIIIK
	Lunch	Lunch	Lunch	Lunch
	RIB-B-QUE	MEATLOAF PANINI ^	TURKEY HAM & CHEESE	CRISPY CHICKEN DRUMSTICK ^
	Wrapped Hamburger Bun ^	GRILLED CHEESE PANINI ^	ON A WHOLE WHEAT BUN	Corn Muffin ^
	BEAN & CHEESE BURRITO ^	Corn	Baby Carrots	VEGETARIAN BURGER
	Salsa French Fries	Fresh Crunchy Celery Sticks Fat Free Ranch Dressing	Light Ranch Dressing	Wrapped Hamburger Bun ^
	Diced Peaches	Diced Pears	Fresh Apple Slices Mustard	Maple Baked Beans Baby Carrots
	Ketchup	Chocolate Cookie ^	Sun Splash Veggie Juice	Fat Free Ranch Dressing
	Milk	Milk	Milk	Fresh Banana
				BBQ Sauce
				Mustard Ketchup
				Milk
October 7, 2019	October 8, 2019	October 9, 2019	October 10, 2019	October 11, 2019
30.0301 1, 2010	Breakfast	Breakfast	Breakfast	Breakfast
	Strawberry/Banana	FROSTED CORN FLAKES ^	RICE CHEX ^	PEACH MINI LOAF^
	Yogurt	Vanilla Waffle Square ^	Strawberry	String Cheese
	Granola ^	Fresh Apple*	Pancake Square ^	Fresh Apple*
	Diced Pears Fruit Punch Juice	Milk	Fresh Banana Orange-Tangerine Juice	Milk
	Fruit Punch Juice Milk	Lunch	Mile	Lunch
NO SCHOOL	Lunch	PEPPERONI PIZZA ^ CHEESY PARM WRAP ^	Lunch STRAWBERRY YOGURT String Cheese Fresh Orange*	CHICKEN & GREEN CHILE TAMALE
	HOMESTYLE SALISBURY STEAK W/GRAVY	CHEESY PARM WRAP ^	STRAWBERRY YOGURT	Hot Sauce SOUTHWESTERN BLACK BEAN
	MONTEREY VEGETARIAN PATTY	Romaine Lettuce Light Ranch Dressing	Fresh Orange*	& CHEESE BURRITO ^
	Wrapped Hamburger Bun ^	Orange-Tangerine Juice	Corn Muffin	Taco Sauce
	Potato Wedges	Milk	Tropical Veggie Juice	Jalapenos
	Ketchup Mixed Fruit Cup		Milk	Diced Carrots Fresh Banana
	Milk			Milk
October 14, 2019	October 15, 2019	October 16, 2019	October 17, 2019	October 18, 2019
·	Breakfast	Breakfast	Breakfast	Breakfast
	COCOA PUFFS ^	String Cheese	VANILLA YOGURT	APPLE CINNAMON
	Graham Crackers ^	Chocolate Chip	Granola ^	CHEERIOS ^
	Diced Peaches Orange-Tangerine Juice	Mini Loaf ^ Fresh Apple*	Fresh Banana Applesauce Cup	Maple Breakfast Square ^ Fresh Apple*
	Milk	Assorted Jelly	Milk	Milk
	Lunch	Milk	Lunch	Lunch
NO SCHOOL	BAGEL DOG ^	Lunch	TURKEY HAM & CHEESE	TERIYAKI CHICKEN PATTY
	4-CHEESE PANINI ^ Golden Potato Rounds	CHICKEN TACO VEGETARIAN CHILI	ON A WHOLE WHEAT BUN Baby Carrots	VEGETARIAN BURGER Wrapped Hamburger Bun ^
	Diced Pears	WITH BEANS	Light Ranch Dressing	Romaine Lettuce
	Ketchup	Tortilla Rounds ^	Fresh Apple Slices	Baby Carrots
	Mustard	Fiesta Beans	Mustard	Fat Free Ranch Dressing
	Milk	Fresh Banana	Sun Splash Veggie Juice	Fresh Pear*
		Salsa Milk	Milk	Mustard Ketchup
		WIIK		Milk
October 21, 2019	October 22, 2019	October 23, 2019	October 24, 2019	October 25, 2019
	Breakfast	Breakfast	Breakfast	Breakfast
	RASPBERRY YOGURT Granola ^	BLUEBERRY MUFFINA String Cheese	PUMPKIN MINI LOAF ^ Fresh Banana	CORN CHEX ^ Vanilla Waffle Square ^
	Mixed Fruit Cup	Fresh Apple*	Orange-Tangerine Juice	Fresh Apple*
	Fruit Punch Juice	Milk	Milk	Milk
NO SCHOOL	Milk	Louist	Lunch	Lunch
NO SCHOOL	Lunch CHEESE & GREEN CHILE TAMALE	Lunch CHICKEN QUESO BURRITO ^	Lunch STRAWBERRY YOGURT	Lunch BBQ CHICKEN
	Hot Sauce	BEAN & CHEESE BURRITO ^	String Cheese	Wrapped Hamburger Bun ^
	CRISPY CHICKEN PATTY ^	Romaine Lettuce	Fresh Orange*	FRENCH TOAST STICKS
	Wrapped Hamburger Bun ^	Fresh Cucumber Slices	Corn Muffin	WITH SCRAMBLED EGGS
	BBQ Sauce Maple Baked Beans	Fat Free Ranch Dressing Fresh Pear*	Tropical Veggie Juice Milk	Syrup French Fries
	Diced Pears	Salsa	IVIIIA	Diced Peaches
	Sun Splash Veggie Juice	Milk		Ketchup
	Milk			Milk
October 28, 2019	October 29, 2019	October 30, 2019	October 31, 2019	
	Breakfast STRAWBERRY YOGURT	Breakfast CINNAMON CHEX ^	Breakfast ENGLISH MUFFIN ^	
	Granola ^	Maple Breakfast Square ^	Assorted Jelly	
	Diced Pears	Fresh Apple*	Fresh Banana	
	Apple Juice	Milk	Diced Peaches	
	Milk	Lunch	Milk	
NO SCHOOL	Lunch RANCH TURKEY BURGER	MACARONI & CHEESE	Lunch TURKEY HAM & CHEESE	bile on all
	MONTEREY VEGETARIAN PATTY	HOT DOG Wrapped Hot Dog Bun ^	ON A WHOLE WHEAT BUN	1 /3 /3/
	Wrapped Hamburger Bun ^	Mustard	Baby Carrots	
	Golden Potato Rounds	Ketchup	Light Ranch Dressing \	
	Fresh Orange*	Fresh Broccoli Florets	Fresh Apple Slices	
	Ketchup Mustard	Baby Carrots Light Ranch Dressing	Mustard Sun Splash Veggie Juice	
	Chipotle Ranch	Fresh Banana	Sun Spiasn veggie Juice Milk	
	Milk	Milk		
ALL MEALS SERVED WITH APPROPRIA	TE CONDIMENTS AND A CHOICE OF 1% OR FAT FE	REF MILK	** MENU SUBJE	CT TO CHANGE **