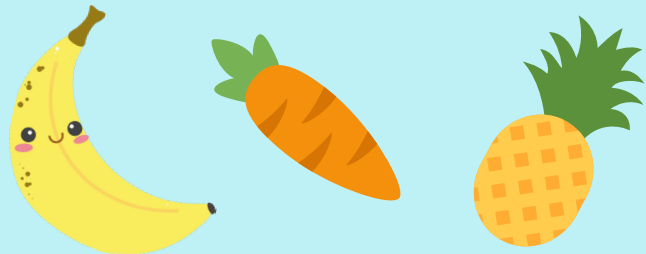


K-8 MENUS

FOR CHARTER SCHOOL



Daily Offerings:

= Homemade = Plant-Based

Breakfast: Asst. Fruit, Orange Juice, 1% White Milk, NF Chocolate Milk

Lunch: Asst. Fruit, 1% White Milk, NF Chocolate Milk

PB&J Sandwiches offered daily as a vegetarian option

Asst. Juice offered during lunch at Intermediate Schools



	WEEK 1 Weeks of: 8/15, 9/12, 10/10, 11/7, 12/5, 1/2 (Holiday) B: Pan Dulce	WEEK 2 Weeks of: 8/22, 9/19, 10/17, 11/14, 12/12 B: Pan Dulce	WEEK 3 Weeks of: 8/29, 9/26, 10/24, 11/21 (Holiday), 12/19 B: Pan Dulce	WEEK 4 Weeks of: 9/5, 10/3, 10/31, 11/28, 12/26 (Holiday) B: Pan Dulce	DAILY VEGGIES
MON	L: Breaded Chicken Drumstick Dinner Roll, 2oz.	L: Chicken Nuggets Cheez Its	L: Chicken Tenders Dinner Roll, 2oz.	L: Chicken Nuggets Cheez Its	Mashed Potatoes Sliced Carrots
TUE	B: Cinnamon Toast Crunch w/ Asst. Cinn. Crackers L: Galaxy Cheese Pizza	B: Cinnamon Toast Crunch w/ Asst. Cinn. Crackers L: Pasta w/ Meatballs	B: Cinnamon Toast Crunch w/ Asst. Cinn. Crackers L: Galaxy Cheese Pizza	B: Cinnamon Toast Crunch w/ Asst. Cinn. Crackers L: Pasta w/ Meatballs	Broccoli Chili Lime Baby Carrots
WED	B: Horchata Overnight Oats L: Chick'n Sandwich	B: Apple Pie Overnight Oats L: Bean Burrito	B: Horchata Overnight Oats L: Chick'n Sandwich	B: Apple Pie Overnight Oats L: Bean Burrito	Lettuce Tomato Cup Tater Tots
THU	B: Shredded Mini Wheat Cereal w/ Asst. Cinn. Crackers L: Carnitas w/ Corn Tortillas	B: Shredded Mini Wheat Cereal w/ Asst. Cinn. Crackers L: Beef Nachos w/ Tortilla Chips	B: Shredded Mini Wheat Cereal w/ Asst. Cinn. Crackers L: Carnitas w/ Corn Tortillas	B: Shredded Mini Wheat Cereal w/ Asst. Cinn. Crackers L: Beef Nachos w/ Tortilla Chips	Beans Chili Lime Baby Carrots
FRI	B: Blueberry Muffin L: Beef Hamburger	B: Banana Muffin L: Chicken Fajitas w/ Flour Tortilla	B: Blueberry Muffin L: Beef Hamburger	B: Banana Muffin L: Chicken Fajitas w/ Flour Tortilla	Corn Cucumbers