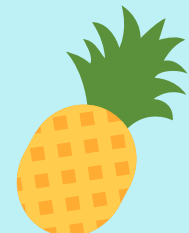


# K-8 MENUS

\*FOR CHARTER SCHOOL\*



## Daily Offerings:

= Homemade = Plant-Based (100% vegan)

Breakfast: Asst. Fruit, Orange Juice, 1% White Milk, NF Chocolate Milk

Lunch: Asst. Fruit, 1% White Milk, NF Chocolate Milk

*PBJ Sandwiches (W1/W3) or Grilled Cheese (W2/W4) offered daily as a vegetarian option*

\*Asst. Juice offered during lunch at Intermediate Schools\*



**NUTRITION SERVICES**

think fresh

	WEEK 1 Weeks of: 1/2, 1/30, 2/27, 3/27, 4/24, 5/22 B: Pan Dulce	WEEK 2 Weeks of: 1/9, 2/6, 3/6, 4/3, 5/1, 5/29 B: Pan Dulce	WEEK 3 Weeks of: 1/16, 2/13, 3/13, 4/10, 5/8, 6/5 B: Pan Dulce	WEEK 4 Weeks of: 1/23, 2/20, 3/20, 4/17, 5/15 B: Pan Dulce	DAILY VEGGIES
<b>MON</b>	L: Cheese Calzone	L: Mini Cheeseburger Sliders	L: Cheese Calzone	L: Mini Cheeseburger Sliders	Mashed Potatoes Sliced Carrots
<b>TUE</b>	B: Blueberry Chex L: Galaxy Pepp. Pizza	B: Blueberry Chex L: Cheese Enchiladas	B: Blueberry Chex L: Lasagna w/ Bread	B: Blueberry Chex L: Galaxy Cheese Pizza	Broccoli Chili Lime Baby Carrots
<b>WED</b>	B: Honey Cheerios L: Bean Burrito	B: Honey Cheerios L: Chick'n Sandwich	B: Honey Cheerios L: Bean Burrito	B: Honey Cheerios L: Chick'n Nuggets	Lettuce Tomato Cup Tater Tots
<b>THU</b>	B: Cinnamon Chex L: Ground Turkey Tacos	B: Cinnamon Chex L: Beef Nachos w/ Tortilla Chips	B: Cinnamon Chex L: Grilled Cheese	B: Cinnamon Chex L: Beef Nachos w/ Tortilla Chips	Beans Chili Lime Baby Carrots
<b>FRI</b>	B: Blueberry Muffin L: Beef Hamburger	B: Banana Muffin L: Teriyaki Chicken Bowl	B: Blueberry Muffin L: Turkey Sandwich	B: Banana Muffin L: Cheese Quesadilla	Corn Cucumbers