SPRINGS CHARTER SCHOOLS
Riverside STUDENT CENTER

August 2021

K-8 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 2, 2021	August 3, 2021	August 4, 2021	August 5, 2021	August 6, 2021
				
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 9, 2021	August 10, 2021	August 11, 2021	August 12, 2021	August 13, 2021
				
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 16, 2021	August 17, 2021	August 18, 2021	August 19, 2021	August 20, 2021
		**BREAKFAST** TRIX ^, Maple Breakfast Square ^, Fresh Apple, Milk **LUNCH** TURKEY & CHEESE SANDWICH ^ Hummus Cup Fresh Baby Carrots Orange-Tangerine Juice Mustard Milk	**BREAKFAST** CINNAMON BUN ^, Fresh Banana, Fruit Punch Juice, Milk **LUNCH** HERO S WICH ^ Italian Corn Salad Fresh Apple Slices Mustard Milk	**BREAKFAST** CHERRY BREAKFAST BAR ^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH ^ Fresh Chopped Romaine Fresh Broccoli Florets Fresh Banana Ranch Dressing, Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 23, 2021	August 24, 2021	August 25, 2021	August 26, 2021	August 27, 2021
BREAKFAST CINNAMON TOAST CRUNCH ^, Vanilla Waffle Square ^, Dried **LUNCH** TURKEY CHEESE SANDWICH ^ Fresh Baby Carrots Sun Splash Veggie Juice Applesauce Ranch Dressing, Mustard Milk	**BREAKFAST** PLAIN BAGEL ^, Cream Cheese, Diced Pears, Orange-Tangerine Juice, Milk **LUNCH** VANILLA YOGURT Cinnamon Bun ^ String Cheese Tropical Veggie Juice Diced Pears Milk	**BREAKFAST** DOUBLE CHOCOLATE MINI MUFFIN ^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH ^ Fresh Chopped Romaine Fresh Broccoli Florets Diced Peaches Ranch Dressing, Mustard Milk	**BREAKFAST** VANILLA YOGURT, Granola ^, Apple Juice, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH ^ Hummus Cup Fresh Baby Carrots Fresh Orange Mustard Milk	**BREAKFAST** FROSTED FLAKES ^, Strawberry Pancake Square ^, Fresh Apple, Mik **LUNCH** HERO SANDWICH ^ Italian Corn Salad Fresh Pear Mutard Milk
MONDAY	**TUESDAY**			
August 30, 2021	August 31, 2021			
BREAKFAST FROSTED CORN FLAKES ^, Apple Breakfast Bar ^, Dried Cranberries, **LUNCH** STRAWBERRY YOGURT Cornbread ^ String Cheese Tropical Veggie Juice Fresh Orange Milk	BREAKFAST STRAWBERRY YOGURT, Granola ^, Pineapple Tidbits, Grape Juice, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH ^ Sun Splash Veggie Juice Fresh Baby Carrots Mixed Fruit Cup Mustard Milk			***MENU SUBJECT TO CHANGE***

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS A CHOICE OF 1% OR FAT FREE WHITE MILK
^ Denotes item is whole-grain/whole wheat
 # Denotes item is Vegetarian
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