SPRINGS CHARTER SCHOOLS
EDUCATION IS OUR MASTERPIECE
Temecula STUDENT CENTER

February 2022

K-12 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	February 1, 2022	February 2, 2022	February 3, 2022	February 4, 2022
	BREAKFAST RASPBERRY-CHERRY YOGURT, Granola^, Diced Pears, Apple Juice, Milk **LUNCH** PIZZA DIPPERS^, Marinara Sauce Cup, Mixed Vegetables, Mixed Fruit Cup, Milk	**BREAKFAST** FROSTED CORN FLAKES^, Maple Breakfast Square^, Fresh Apple, Milk Grab & Go! **LUNCH** TURKEY & CHEESE SANDWICH^, Taco Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk **Vegetarian Option** STRING CHEESE, Sunflower Kernels, Animal Crackers^, Giant Goldfish Grahams^	**BREAKFAST** CINNAMON BUN^, Fresh Banana, Fruit Punch Juice, Milk **LUNCH** HOT DOG^, Baked Beans, Fresh Baby Carrots, Ranch Dressing, Fresh Orange, Mustard, Ketchup, Milk **Vegetarian Option** CHIK'N NUGGETS^	**BREAKFAST** CHERRY BREAKFAST BAR^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Light Ranch Dressing, Fresh Banana, Mustard, Milk **Vegetarian Option** ZEE ZEES BEAN DIPZ, Chili Lime Chickpeas, Vanilla Goldfish Graham^, Fritos^
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 7, 2022	**February 8, 2022**	**February 9, 2022**	**February 10, 2022**	**February 11, 2022**
BREAKFAST FRUITY CHEERIOS^, Vanilla Waffle Square^, Craisins, Grape Juice, Milk **LUNCH** PIZZA DIPPERS^, Marinara Sauce, Mixed Vegetables, Applesauce, Milk	**BREAKFAST** COCOA PUFFS^, Animal Crackers^, Diced Pears, Orange-Tangerine Juice, Milk **LUNCH** SPAGHETTI & MEATBALLS^, Breadstick^, Broccoli, Diced Peaches, Milk **Vegetarian Option** MINI CHEESE RAVIOLI^	**BREAKFAST** DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh Apple, Milk Grab & Go! **LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^ Milk	**BREAKFAST** APPLE CINNAMON CHEERIOS^, Animal Crackers, Fresh Banana, Apple Juice, Milk **LUNCH** SLOPPY JOE, Hamburger Bun^, SunSet Sip Juice, Baked Beans, Craisins, Milk **Vegetarian Option** CHEESE PANINI^	**NON-STUDENT DAY**
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 14, 2022	**February 15, 2022**	**February 16, 2022**	**February 17, 2022**	**February 18, 2022**
BREAKFAST FROSTED CORN FLAKES^, Cherry Breakfast Bar^, Craisins, Orange-Tangerine Juice, Milk **LUNCH** CHEESE PIZZA, Country Blend Vegetables, Diced Pears, Milk	**BREAKFAST** STRAWBERRY YOGURT, Granola^, Diced Peaches, Grape Juice, Milk **LUNCH** MEATBALL SUB, Hot Dog Bun^, Broccoli, Orange-Tangerine Juice, Milk **Vegetarian Option** VEGETARIAN CHILI WITH BEANS, Cornbread^	**BREAKFAST** CHEERIOS^, Vanilla Goldfish Grahams, Fresh Apple, Milk Grab & Go! **LUNCH** TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk **Vegetarian Option** ZEE ZEES BEAN DIPZ, Chili Lime Chickpeas, Vanilla Goldfish Graham^, Fritos^	**BREAKFAST** CINNAMON TOAST CRUNCH FILLED BAR^, Fresh Banana, Fruit Punch Juice, Milk **LUNCH** CRUNCHY CHICKEN TENDERS^, Cornbread^, Seasoned Diced Potatoes, Fresh Baby Carrots, Ranch Dressing, Fresh Apple Slices, BBQ Sauce, Ketchup, Milk **Vegetarian Option** CHIK'N NUGGETS^	**BREAKFAST** BLUEBERRY MINI MUFFIN^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^ Sun Splash Veggie Juice, Fresh Baby Carrots, Light Ranch Dressing, Mixed Fruit, Mustard, Milk **Vegetarian Option** Chili Lime Chickpeas, Sunflower Kernels, Animal Crackers^, Tortilla Rounds^
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
February 21, 2022	**February 22, 2022**	**February 23, 2022**	**February 24, 2022**	**February 25, 2022**
	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Craisins, Fruit Punch Juice, Milk **LUNCH** BEAN & CHEESE EMPANADA^, Mixed Vegetables, Diced Peaches, BBQ Sauce, Milk	**BREAKFAST** BANANA MINI MUFFIN^, String Cheese, Fresh Apple, Milk Grab & Go! **LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^ Milk	**BREAKFAST** RASPBERRY-CHERRY YOGURT, Granola^, Fresh Banana, Grape Juice, Milk **LUNCH** TERIYAKI CHICKEN PATTY, Hamburger Bun^, French Fries, Fresh Orange, Milk **Vegetarian Option** GREEN CHILE & CHEESE TAMALE^	**BREAKFAST** FROSTED CORN FLAKES^, Vanilla Waffle Square^, Fresh Apple, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Apple Slices, Mustard, Milk **Vegetarian Option** ZEE ZEES BEAN DIPZ, Chili Lime Chickpeas, Vanilla Goldfish Graham^, Fritos^
MONDAY				
February 28, 2022				
BREAKFAST COCOA PUFFS^, Strawberry Pancake Square^, Craisins, Apple Juice, Milk **LUNCH** CHEESE PIZZA^, Country Blend Vegetables, Diced Peaches, Milk				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK
^ Denotes item is whole-grain/whole wheat
**** This institution is an equal opportunity provider ****