November Breakfast

RIVER SPRINGS BEAR RIVER CENTER

BRC - Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
October 30, 2017	October 31, 2017	November 1, 2017	November 2, 2017	November 3, 2017
		VANILLA YOGURT Granola Fresh Fruit Choice of Milk	WHOLE WHEAT BAGEL Cream Cheese Fresh Fruit Orange Juice Choice of Milk	TRIX ^ Animal Grahams Fresh Fruit Choice of Milk
November 6, 2017	November 7, 2017	November 8, 2017	November 9, 2017	November 10, 2017
STRAWBERRY BANANA YOGURT Granola ^ Craisins Apple Cherry Juice Choice of Milk	Cherry Loaf ^ Pineapple Tidbits Orange Juice Choice of Milk	FROSTED CORN FLAKES ^ Graham Crackers Fresh Fruit Choice of Milk	String Cheese Banana Muffin ^ Fresh Fruit Blended Fruit Juice Choice of Milk	NO SCHOOL
November 13, 2017	November 14, 2017	November 15, 2017	November 16, 2017	November 17, 2017
GOLDEN GRAHAM CEREAL ^ Strawberry Pancake Square ^ Craisins Orange Juice Choice of Milk	NO SCHOOL	COCOA PUFFS ^ Vanilla Waffle Square ^ Fresh Fruit Choice of Milk	ENGLISH MUFFIN ^ Sunbutter Cup Assorted Jelly Fresh Fruit Apple Cherry Juice Choice of Milk	String Cheese Blueberry Muffin ^ Fresh Fruit Choice of Milk
November 20, 2017	November 21, 2017	November 22, 2017	November 23, 2017	November 24, 2017
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 27, 2017	November 28, 2017	November 29, 2017	November 30, 2017	December 1, 2017
APPLE CINNAMON CHEERIOS (WHOLE GRAIN) Vanilla Waffle Square ^ Craisins Grape Juice Choice of Milk	String Cheese Corn Muffin ^ Diced Pears Blended Fruit Juice Choice of Milk	VANILLA YOGURT Granola ^ Fresh Fruit Choice of Milk	Bagel ^ Cream Cheese Diced Peaches Orange Juice Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

SPECIAL DAYS
HAPPY THANKSGIVING
VETERANS DAY

Feature food days

NATIONAL SANDWICH DAY
MEATLESS MONDAY
HOLIDAY MEAL

November Lunch

RIVER SPRINGS BEAR RIVER CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
October 30, 2017	**October 31, 2017**	**November 1, 2017**	**November 2, 2017**	**November 3, 2017**
		HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Mixed Fruit Cup Mustard Ketchup Multi Grain Sun Chips ^ Choice of Milk	TACO SCOOPS Salsa Cup Soft Tortilla ^ Fresh Fruit Choice of Milk	BAKED CHICKEN NUGGETS ^ French Fries Fresh Fruit Ketchup BBQ Sauce Choice of Milk
November 6, 2017	**November 7, 2017**	**November 8, 2017**	**November 9, 2017**	**November 10, 2017**
TURKEY HAM & CHEESE SANDWICH ^ SunSet Sip Juice Pickle Chips Applesauce Cup Mustard Mayonnaise Choice of Milk	CRISPY CHICKEN FILLET ^ Hamburger Bun ^ Mixed Vegetables Orange Juice BBQ Sauce Sriracha Ketchup Choice of Milk	VEGETARIAN CHILI BOWL WITH BEANS Tostada Bowl^ Whole Kernel Corn Diced Peaches Choice of Milk	POPCORN CHICKEN ^ Crunchy Celery Sticks Light Ranch Dressing Maple Baked Beans BBQ Sauce Fresh Fruit Choice of Milk	NO SCHOOL
November 13, 2017	**November 14, 2017**	**November 15, 2017**	**November 16, 2017**	**November 17, 2017**
TURKEY BOLOGNA SANDWICH ^ Tropical Veggie Juice Fresh Fruit Mustard Mayonnaise Choice of Milk	NO SCHOOL	*SPECIAL ETHNIC MEAL* CUBAN PICADILLO ^ Tortilla Rounds ^ Green Beans Mixed Fruit Cup Choice of Milk	HOLIDAY MEAL** TURKEY W/STUFFING GRAVY MASHED POTATOES ^ Diced Carrots Fresh Fruit Choice of Milk	CHICKEN TENDERS WITH POTATO WEDGES Maple Baked Beans Applesauce Cup BBQ Sauce Catsup Choice of Milk
November 20, 2017	**November 21, 2017**	**November 22, 2017**	**November 23, 2017**	**November 24, 2017**
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 27, 2017	**November 28, 2017**	**November 29, 2017**	**November 30, 2017**	**December 1, 2017**
TURKEY SALAMI & CHEESE ON A WHOLE WHEAT BUN^ Tropical Veggie Juice Diced Pears Mayonnaise Mustard Choice of Milk	CHEESE PIZZA ^ Diced Carrots Diced Peaches Choice of Milk	CHICKEN TACO Tortilla Rounds ^ Mixed Vegetables Mixed Fruit Cup Raspberry Cookies ^ Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Broccoli Pineapple Tidbits Mustard Catsup (2) Choice of Milk	

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