Smart Snack Compliant Ice Creams

Approved for sale to students on site

Ralphs

Brand	Item	1st ingredient	Weight in grams	Calories (<200)	Fat grams	Calories from fat (<35%)	Sat fat grams	Calories from saturated fat (<10%)	Grams sugar	sugar by weight (<35%)	mg sodium (<200)	Price
Creamsicle	Original cream bar	nonfat milk	65	100	1.5	15 (15%)	1	9%	12	18%	30	3.79 for 12 bars
Fudgsicle	Orginal fudge bar	nonfat milk	65	100	2.5	25 (25%)	1	9%	14	22%	65	3.79 for 12 bars
Popsicle	Spongebob push-pops	nonfat milk	52	70	1	10 (14%)	0.5	6%	9	17%	15	
Outshine simply yogurt bar	Strawberry banana	skim milk	63	90	2	20 (22%)	1	10%	11	17%	30	4.99 for 6 bars
Outshine fruit bar	Pineapple	pineapple	80	80	0	0	0	0%	17	21%	0	4.99 for 6 bars
Outshine fruit bar	Grape	concord grape puree	70	60	0	0	0	0%	15	21%	0	4.99 for 6 bars
Outshine fruit bar	Strawberry	Strawberry	72	60	0	0	0	0%	14	19%	0	4.99 for 6 bars
Outshine fruit bar	Tangerine	Tangerine	70	60	0	0	0	0%	14	20%	0	4.99 for 6 bars
Outshine fruit bar	Peach	Peach	72	90	0	0	0	0%	22	31%	0	4.99 for 6 bars
Weight watchers	Giant fudge bar	skim milk	68	90	1	10 (11%)	0.5	1%	13	19%	60	4.99 for 6 bars
Skinny cow	vanilla ice cream sandwich	Skim milk	71	150	2.5	25 (17%)	1	6%	15	21%	115	5.99 for 6 sandwiches
Healthy choice	Smoothie bar - strawberry	Skim milk	67	70	0.5	5 (7%)	0	0%	12	18%	35	4.99 for 6 bars
Chloes	Soft serve fruit pops	Mango	76	60	0	0	0	0%	15	20%	0	3.99 for 4 bars

Smart and Final

Brand	Item	1st ingredient	Weight in grams	Calories (<200)	Fat grams	Calories from fat (<35%)	Sat fat grams	Calories from saturated fat (<10%)	Grams sugar	sugar by weight (<35%)	mg sodium (<200)	Price
Fudgsicle	Orginal fudge bar	nonfat milk	65	100	2.5	25 (25%)	1	9%	14	22%	65	3.79 for 12 bars
Outshine simply yogurt bar	Strawberry banana	skim milk	63	90	2	20 (22%)	1	10%	11	17%	30	3.69 for 6 bars
Outshine fruit bar	Pineapple	pineapple	80	80	0	0	0	0%	17	21%	0	3.69 for 6 bars

Outshine fruit bar	Grape	concord grape puree	70	60	0	0	0	0%	15	21%	0	3.69 for 6 bars
Outshine fruit bar	Strawberry	Strawberry	72	60	0	0	0	0%	14	19%	0	3.69 for 6 bars or 7.49 for 12
Outshine fruit bar	Tangerine	Tangerine	70	60	0	0	0	0%	14	20%	0	3.69 for 6 bars
Outshine fruit bar	Peach	Peach	72	90	0	0	0	0%	22	31%	0	3.69 for 6 bars
Skinny cow	vanilla ice ceram sandwich	Skim milk	71	150	2.5	25 (17%)	1	6%	15	21%	115	4.19 for 6 sandwiches
Weight watchers	Giant fudge bar	skim milk	68	90	1	10 (11%)	0.5	1%	13	19%	60	4.89 for 6 bars

Sams Club

Brand	Item	1st ingredient	Weight in grams	Calories (<200)	Fat grams	Calories from fat (<35%)	Sat fat grams	Calories from saturated fat (<10%)	Grams sugar	sugar by weight (<35%)	mg sodium (<200)	Price
Outshine Bar	Multipack	Fruit										11.99 for 24 bars

Costco

Brand	Item	1st ingredient	Weight in grams	Calories (<200)	Fat grams	Calories fro	Sat fat grams	Calories from saturated fat (<10%)	Grams sugar	sugar by weight (<35%)	mg sodium (<200)	Price
Healthy Choice	Fudge bars	Milk	76	100	1.5	15	0	0	5	7%	55	9.79 for 18 bars

All foods and beverages sold to students on campus during the school day and 30 minutes after must meet Smart Snack Regulations. Visit www.californiaprojectlean.org to use the compliance calculator. If you wish to sell a product not listed here that you believe is compliant please contact our Director of Nutrition Services, Holly Hungerford Cocking a holly.hungerfordcocking@springscs.org and have the products ingredient and nutrition label available.