September 2019

Bear River Student Center K-8

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 3, 2019	**September 4, 2019**	**September 5, 2019**	**September 6, 2019**
NO SCHOOL **LABOR DAY**	**Breakfast** Strawberry/Banana Yogurt Granola ^ Diced Pears Fruit Punch Juice Milk **Lunch** HOMESTYLE SALISBURY STEAK W/GRAVY MONTEREY VEGETARIAN PATTY W/WHOLE WHEA Potato Wedges Mixed Fruit Cup Ketchup Milk	**Breakfast** FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple* Choice of Milk **Lunch** PEPPERONI PIZZA ^ CHEESY PARM WRAP ^ Romaine Lettuce Light Ranch Dressing Orange-Tangerine Juice Milk	**Breakfast** RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange-Tangerine Juice Milk **Lunch** CORN DOG ON A STICK^ VEGGIE NUGGETS ^ Maple Baked Beans Baby Carrots Fresh Pear* Light Ranch Dressing Mustard & Ketchup BBQ Sauce Milk	**Breakfast** PEACH MINI LOAF^ String Cheese Fresh Apple* Choice of Milk **Lunch** TURKEY & CHEESE SANDWICH ^ Baby Carrots Fresh Pear* Hummus Cup Mustard Milk
September 9, 2019	**September 10, 2019**	**September 11, 2019**	**September 12, 2019**	**September 13, 2019**
Breakfast GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Milk **Lunch** CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ CHEESE PIZZA ^ Breadstick ^ Green Beans Fresh Apple* Milk	**Breakfast** COCOA PUFFS ^ Graham Crackers ^ Diced Peaches Orange-Tangerine Juice Milk **Lunch** BAGEL DOG ^ 4-CHEESE PANINI ^ Mixed Vegetables Diced Pears Ketchup Mustard Milk	**Breakfast** String Cheese Chocolate Chip Mini Loaf ^ Fresh Apple* Assorted Jelly Milk **Lunch** CHICKEN TACO VEGETARIAN CHILI W/BEANS Tortilla Rounds ^ Fiesta Beans Fresh Banana Salsa Milk	**Breakfast** VANILLA YOGURT Granola ^ Fresh Banana Applesauce Cup Milk **Lunch** MEATBALL W/WHOLE WHEAT BUN^ MINI CHEESE RAVIOLI WITH SAUCE ^ Golden Potato Rounds Diced Peaches Mil	**Breakfast** APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple* Milk **Lunch** STRAWBERRY YOGURT String Cheese Corn Muffin Fresh Orange* Tropical Veggie Juice Milk
September 16, 2019	**September 17, 2019**	**September 18, 2019**	**September 19, 2019**	**September 20, 2019**
Breakfast TRIX ^ Strawberry Pancake Square ^ Craisins Grape Juice Milk **Lunch** PENNE PASTA W/MEAT SAUCE ^ CHEESY PARM WRAP ^ Breadstick ^ Mixed Vegetables Fresh Orange* Milk	**Breakfast** RASPBERRY YOGURT Granola ^ Mixed Fruit Cup Fruit Punch Juice Milk **Lunch** CHEESE & GREEN CHILE TAMALE CRISPY CHICKEN PATTY W/WHOLE WHEAT BUN^ Maple Baked Beans Diced Pears BBQ Sauce Hot Sauce Sun Splash Veggie Juice Milk	**Breakfast** BLUEBERRY MUFFIN^ String Cheese Fresh Apple* Milk **Lunch** CHICKEN QUESO BURRITO ^ BEAN & CHEESE BURRITO ^ Romaine Lettuce Fresh Cucumber Slices Fresh Pear* Fat Free Ranch Dressing Salsa Milk	**Breakfast** PUMPKIN MINI LOAF ^ Fresh Banana Orange-Tangerine Juice Milk **Lunch** FRENCH BREAD CHEESE PIZZA^ CHICKEN NUGGETS ^ Corn Honey Mustard Cup Fresh Apple Slices Milk	**Breakfast** CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple* Milk **Lunch** TURKEY & CHEESE SANDWICH ^ Baby Carrots Fresh Pear* Hummus Cup Mustard Milk
September 23, 2019	**September 24, 2019**	**September 25, 2019**	**September 26, 2019**	**September 27, 2019**
NO SCHOOL	**Breakfast** STRAWBERRY YOGURT Granola ^ Diced Pears Apple Juice Milk **Lunch** RANCH TURKEY BURGER MONTEREY VEGETARIAN PATTY W/WW BUN ^ Golden Potato Rounds Fresh Orange* Ketchup Mustard Chipotle Ranch Milk	**Breakfast** CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple* Milk **Lunch** MACARONI & CHEESE HOT DOG W/WHOLE WHEAT BUN ^ Fresh Broccoli Florets Baby Carrots Fresh Banana Light Ranch Dressing Mustard Ketchup Milk	**Breakfast** ENGLISH MUFFIN ^ Fresh Banana Diced Peaches Assorted Jelly Milk **Lunch** SLOPPY JOE W/WHOLE WHEAT BUN^ BEAN & CHEESE PUPUSA Fresh Crunchy Celery Sticks Maple Baked Beans Fresh Apple Slices Light Ranch Dressing Hot Sauce Milk	**Breakfast** String Cheese Peach Mini Loaf ^ Fresh Apple* Assorted Jelly Milk **Lunch** STRAWBERRY YOGURT String Cheese Corn Muffin Fresh Orange* Tropical Veggie Juice Milk
September 30, 2019				
Breakfast APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Milk **Lunch** CHICKEN STRIPS W/SWEET POTATO PUFFS ^ MINI CHEESE RAVIOLI W/SAUCE ^ Green Beans Fresh Orange* BBQ Sauce Milk				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK *** MENU SUBJECT TO CHANGE ***

Denotes item is whole-grain/whole wheat. ***# Denotes item is vegetarian.***

*** This institution is an equal opportunity provider.