

March

Bear River Student Center K-8 Breakfast & Lunch Menu

| MONDAY March 2, 2020 | TUESDAY March 3, 2020 | WEDNESDAY March 4, 2020 | THURSDAY March 5, 2020 | FRIDAY March 6, 2020 |
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| NATIONAL SCHOOL BREAKFAST WEEK | | | | |
| <p>BREAKFAST FROOT LOOPS[^] Animal Grahams Craisins Grape Juice Milk</p> <p>Lunch FRENCH TOAST STICKS W/SAUSAGE[^] FRENCH TOAST STICKS W/SCRAMBLED EGGS* Tropical Veggie Juice Applesauce Cup Syrup Milk</p> | <p>BREAKFAST CHEESE OMELET Sliced Bread[^] Assorted Jelly Fruit Punch Juice Diced Pears Milk</p> <p>Lunch BBQ CHICKEN TATOR TOT-CHOS BBQ VEGAN CHICKEN W/CARROTS* Tortilla Rounds[^] Diced Carrots Mixed Fruit Cup Milk</p> | <p>BREAKFAST FROSTED FLAKES[^] Vanilla Waffle Square[^] Fresh Apple Milk</p> <p>Lunch POPCORN CHICKEN[^] VEGETARIAN BURGER* Breadstick (IW)[^] Baked Beans Pickle Chips Orange-Tangerine Juice Ketchup, Mustard, & BBQ Sauce Milk</p> | <p>BREAKFAST PILLSBURY GRAPE CRESCENT[^] Fresh Banana* Orange-Tangerine Juice Milk</p> <p>Lunch CHICKEN ALFREDO PASTA[^] CHEESY PENNE ALFREDO W/BROCCOLI[^]* Mixed Vegetables Fresh Apple Slices Milk</p> | <p>BREAKFAST String Cheese Lemon Mini Loaf[^] Fresh Apple Milk</p> <p>Lunch TURKEY BOLOGNA SANDWICH[^] Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Diced Peaches Mustard & Ranch Milk</p> |
| <p>March 9, 2020</p> <p>Breakfast GOLDEN GRAHAM CEREAL[^] French Toast Breakfast Square[^] Craisins Fruit Punch Juice Milk</p> <p>Lunch MEATLOAF W/TOMATO SAUCE VEGGIE NUGGETS W/MASHED POTATOES* Sun Splash Veggie Juice Applesauce Cup Breadstick (IW)[^] BBQ Sauce Milk</p> | <p>March 10, 2020</p> <p>Breakfast PANCAKES[^] Orange-Tangerine Juice Diced Peaches Syrup Milk</p> <p>Lunch CRISPY CHICKEN DRUMSTICK[^] SOUTHWESTERN BLACK BEAN & CHEESE BURRITO[^]* Corn Muffin[^] Country Blend Vegetables Diced Pears Taco Sauce & BBQ Sauce Milk</p> | <p>March 11, 2020</p> <p>Breakfast String Cheese Chocolate Chip Mini Loaf[^] Fresh Apple Milk</p> <p>Lunch CHEESEBURGER MONTEREY VEGETARIAN BURGER* Baby Carrots Broccoli Diced Peaches Ranch, Ketchup, & Mustard Milk</p> | <p>March 12, 2020</p> <p>Breakfast BREAKFAST BURRITO[^] Fresh Banana* Grape Juice Taco Sauce Milk</p> <p>Lunch MEATBALL SUB CHEESY PARM WRAP[^]* Baked Beans Fresh Orange Milk</p> | <p>March 13, 2020</p> <p>Breakfast APPLE JACKS[^] Maple Breakfast Square[^] Fresh Apple Milk</p> <p>Lunch VANILLA YOGURT String Cheese Tropical Veggie Juice Fresh Banana* Cherry Loaf[^] Milk</p> |
| <p>March 16, 2020</p> <p>Breakfast RICE KRISPIES[^] Strawberry Pancake Square[^] Craisins Grape Juice Milk</p> <p>Lunch BEEF & BEAN CHILI VEGGIE NACHO COMBO CHILI* Fritos[^] Mixed Vegetables Orange Sorbet 100% Juice Milk</p> | <p>March 17, 2020</p> <p>Breakfast CHICKEN BISCUIT[^] Mixed Fruit Cup Orange-Tangerine Juice Honey Milk</p> <p>Lunch MINI CORN DOGS[^] GRILLED CHEESE PANINI[^]* Potato Rounds Corn Diced Pears Mayo, Ketchup, & Mustard Milk</p> | <p>March 18, 2020</p> <p>Breakfast BLUEBERRY MUFFIN[^] String Cheese Fresh Apple Milk</p> <p>Lunch CHICKEN & GREEN CHILE TAMALES PIZZA DIPPERS[^]* Marinara Dipping Sauce Baby Carrots Romaine Lettuce Grape Juice Hot Sauce & Ranch Milk</p> | <p>March 19, 2020</p> <p>Breakfast FRENCH TOAST STICKS[^] Fresh Orange* Fruit Punch Juice Syrup Milk</p> <p>Lunch CHEESY TACO MEAT VEGGIE NUGGETS[^]* Wild White Nacho Doritos[^] Refried Beans Jalapenos Fresh Apple Slices BBQ Sauce Milk</p> | <p>March 20, 2020</p> <p>Breakfast FROOT LOOPS[^] Vanilla Waffle Square[^] Fresh Apple Milk</p> <p>Lunch TURKEY BOLOGNA SANDWICH[^] Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Diced Peaches Mustard & Ranch Milk</p> |
| <p>March 23, 2020</p> <p>Breakfast COCOA PUFFS[^] Graham Crackers[^] Craisins Apple Juice Milk</p> <p>Lunch SPAGHETTI & MEATBALLS[^] CHEESE PUPUSA[^]* Jalapenos Green Beans Orange-Tangerine Juice Hot Sauce Milk</p> | <p>March 24, 2020</p> <p>Breakfast MAPLE PANCAKES[^] Diced Pears Orange-Tangerine Juice Milk</p> <p>Lunch CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE[^] CHEESE LASAGNA[^]* Breadstick (IW)[^] Mixed Vegetables Diced Peaches Milk</p> | <p>March 25, 2020</p> <p>Breakfast CINNAMON FLAKES[^] Maple Breakfast Square[^] Fresh Apple Milk</p> <p>Lunch TERIYAKI CHICKEN SANDWICH TERIYAKI VEGAN CHICKEN & RICE* French Fries Mixed Fruit Cup Ketchup Milk</p> | <p>March 26, 2020</p> <p>Breakfast TURKEY HAM & CHEESE ON ENGLISH MUFFIN[^] Fresh Banana* Diced Peaches Assorted Jelly Milk</p> <p>Lunch RIB-B-QUE VEGGIE BURGER* Potato Wedges Baked Beans Pickle Chips Fresh Apple Ketchup & Mustard Milk</p> | <p>March 27, 2020</p> <p>Breakfast String Cheese Peach Mini Loaf[^] Fresh Apple Milk</p> <p>Lunch VANILLA YOGURT String Cheese Tropical Veggie Juice Fresh Banana* Cherry Loaf[^] Milk</p> |
| <p>March 30, 2020</p> <p>Breakfast APPLE JACKS[^] Vanilla Waffle Square[^] Craisins Grape Juice Milk</p> <p>Lunch CHICKEN STRIPS W/SWEET POTATO FRIES CHEESE & GREEN CHILE TAMALES* Potato Wedges Diced Pears Ketchup & BBQ Sauce Milk</p> | <p>March 31, 2020</p> <p>Breakfast BEEF SAUSAGE ON BISCUIT[^] Applesauce Cup Fruit Punch Juice Assorted Jelly Milk</p> <p>Lunch SLOPPY JOE BURGER CHEESY PARM WRAP[^]* Diced Carrots Mixed Fruit Cup Milk</p> | | | |

** MENU SUBJECT TO CHANGE **

[^] Denotes item is whole-grain/whole wheat. * Denotes item is vegetarian.

*This menu is free of peanuts, tree nuts, fish, and shellfish.**Every Friday yogurt & string cheese served as vegetarian option.**

*** This institution is an equal opportunity provider.