

Bear River Student Center K-8

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 3, 2020 Breakfast GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Milk Lunch CHICKEN RANCH FLATBREAD ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Applesauce Cup Milk	February 5, 2020 Breakfast PANCAKES ^ Orange-Tangerine Juice Diced Peaches Syrup Milk Lunch TOASTY TUESDAY** 4-CHEESE PANINI ^ CHEESEBURGER ^ Pickle Chips Tomato Soup^ Diced Pears Mustard & Ketchup Milk	February 5, 2020 Breakfast String Cheese Chocolate Chip Mini Loaf ^ Fresh Apple Milk Lunch CHEESE & GREEN CHILE TAMALES CRISPY CHICKEN DRUMSTICK ^ Corn Muffin ^ Maple Baked Beans Fresh Red Pepper Slices Fresh Orange* Hot Sauce, BBQ, Ranch Milk	February 6, 2020 Breakfast BREAKFAST QUESADILLA ^ Fresh Banana Grape Juice Taco Sauce Milk Lunch CHEESY TACO MEAT VEGGIE CHICKEN DRUMSTICK Tortilla Rounds ^ Romaine Lettuce Fresh Apple Slices Jalapenos Ranch Milk	February 7, 2020 NO SCHOOL
February 10, 2020 Breakfast TRIX ^ Strawberry Pancake Square ^ Craisins Grape Juice Milk Lunch PARMESAN POPCORN CHICKEN & PASTA ^ SPAGHETTI W/VEGGIE MEATBALLS Breadstick (IW)^ Mixed Vegetables Applesauce Cup Milk	February 11, 2020 Breakfast CHICKEN BISCUIT ^ Mixed Fruit Cup Orange-Tangerine Juice Honey Milk Lunch DELI SUB SANDWICH ^ VEGGIE NUGGETS W/POTATO WEDGES ^ Pretzel ^ Corn Diced Peaches Pickle Chips Milk	February 12, 2020 Breakfast BLUEBERRY MUFFIN^ String Cheese Fresh Apple Milk Lunch GENERAL TSO'S CHICKEN & NOODLES ^ GENERAL TSO'S VEGAN CHICKEN W/NOODLES Broccoli Fresh Green Peppers Fresh Banana Ranch Milk	February 13, 2020 Breakfast WAFFLES ^ Fresh Orange* Fruit Punch Juice Syrup Milk Lunch MEATLOAF PANINI ^ VEGETARIAN BURGER Wrapped Hamburger Bun ^ Maple Baked Beans Sun Splash Veggie Juice Fresh Apple Slices Ketchup Milk	February 14, 2020 Breakfast CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple Milk Lunch DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light Italian Dressing Mixed Fruit Cup Mustard Milk
February 17, 2020 PRESIDENTS DAY	February 18, 2020 Breakfast MAPLE PANCAKES ^ Diced Pears Apple Juice Milk Lunch SLOPPY JOE Wrapped Hamburger Bun ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Orange-Tangerine Juice Milk	February 19, 2020 Breakfast CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Milk Lunch BEAN & CHEESE PUPUSA CHARBROILED HAMBURGER Wrapped Hamburger Bun ^ Whole Kernel Corn Fresh Crunchy Celery Sticks Fresh Pear* Ketchup, Hot Sauce, Ranch Milk	February 20, 2020 Breakfast EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Diced Peaches Assorted Jelly Milk Lunch CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Maple Baked Beans Fresh Orange* Milk	February 21, 2020 Breakfast String Cheese Peach Mini Loaf ^ Fresh Apple Milk Lunch TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Light Ranch Dressing Diced Peaches Mustard Milk
February 24, 2020 Breakfast APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Milk Lunch PENNE PASTA W/MEAT SAUCE ^ Breadstick ^ VEGETARIAN CHICKEN TINGA W/CORN IW Soft Tortilla ^ Green Beans Mixed Fruit Cup Milk	February 25, 2021 Breakfast BEEF SAUSAGE SLIDER ^ Applesauce Cup Fruit Punch Juice Assorted Jelly Milk Lunch CHICKEN TACO VEGETARIAN CHILI W/BEANS Corn Diced Pears Wild White Nacho Doritos^ Milk	February 26, 2022 Breakfast BANANA MUFFIN ^ String Cheese Fresh Apple Milk Lunch CHICKEN & GREEN CHILE TAMALES VEGETARIAN BURGER Wrapped Hamburger Bun ^ Baby Carrots Romaine Lettuce Orange-Tangerine Juice Ketchup, Mustard, Ranch, Hot Sauce Milk	February 27, 2023 Breakfast WAFFLES ^ Fresh Pear* Orange-Tangerine Juice Syrup Milk Lunch VEGGIE NUGGETS W/POTATO WEDGE Pretzel ^ HOT DOG W/POTATO ROUNDS Wrapped Hot Dog Bun ^ Maple Baked Beans Fresh Apple Ketchup & Mustard Milk	February 28, 2024 Breakfast CINNAMON TOAST CRUNCH ^ French Toast Breakfast Square ^ Fresh Apple Milk Lunch VANILLA YOGURT String Cheese Tropical Veggie Juice Fresh Banana* Cherry Loaf ^ Milk

** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat. *This menu is free of peanuts, tree nuts, fish, and shellfish. ***Every Friday yogurt & string cheese served as vegetarian option.***
*** This institution is an equal opportunity provider.