SEPTEMBER

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Lunch

RIVER BEAR STUDENT CENTER

Lunch 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
September 3, 2018	**September 4, 2018**	**September 5, 2018**	**September 6, 2018**	**September 7, 2018**
LABOR DAY	MINI CORN DOGS & CHICKEN FUN MIX French Fries Diced Carrots Orange Sorbet 100% Juice Mixed Fruit Cup Ketchup BBQ Sauce Vanilla Cookie ^ Choice of Milk	*NATIONAL CHEESE PIZZA DAY!* CHEESY FLATBREAD ^ Mixed Vegetables Diced Pears Blended Fruit Juice Choice of Milk	CRISPY CHICKEN SANDIWCH ^ Corn Crunchy Celery Sticks Light Ranch Dressing Fresh Fruit BBQ Sauce Choice of Milk	SPAGHETTI & MEATBALLS ^ Breadstick (IW)^ Green Beans Fresh Fruit Grape Juice Choice of Milk
September 10, 2018	**September 11, 2018**	**September 12, 2018**	**September 13, 2018**	**September 14, 2018**
CHICKEN STRIPS W/SWEET POTATO PUFFS ^ Mixed Vegetables Applesauce Cup Blended Fruit Juice Multi Grain Sun Chips ^ Choice of Milk	BAGEL DOG ^ Maple Baked Beans Tropical Veggie Juice Pineapple Tidbits Cherry Craisins Mustard Ketchup Choice of Milk Mayonnaise	HOMESTYLE SALISBURY STEAK W/GRAVY Sliced Bread ^ (2) Mashed Potatoes Diced Carrots Fresh Fruit Mixed Fruit Cup Choice of Milk	CHEESY FLATBREAD ^ Broccoli Florets Cucumber Coins Light Ranch Dressing Fresh Fruit Choice of Milk	BBQ CHICKEN SANDWICH^ Corn Grape Juice Fresh Fruit Choice of Milk
September 17, 2018	**September 18, 2018**	**September 19, 2018**	**September 20, 2018**	**September 21, 2018**
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Green Beans Mixed Fruit Cup Grape Juice Pretzel ^ Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Potato Rounds SunSet Sip Juice Diced Peaches Cherry Craisins Syrup Ketchup Choice of Milk	PEPPERONI FLATBREAD ^ Romaine Salad Carrot Sticks Light Ranch Dressing Orange Juice Diced Pears Choice of Milk	MAC & CHEESE ^ Country Blend Vegetables Crunchy Celery Sticks Light Ranch Dressing Corn Muffin ^ Fresh Fruit Choice of Milk	CHARBROILED HAMBURGER^ Pickle Chips Maple Baked Beans Green Pepper Slices Light Ranch Dressing Fresh Fruit Blended Fruit Juice Ketchup Mustard Choice of Milk
September 24, 2018	**September 25, 2018**	**September 26, 2018**	**September 27, 2018**	**September 28, 2018**
NO SCHOOL	CHICKEN QUESO BURRITO Salsa Cup Refried Beans Jalapenos Pineapple Tidbits Grape Juice Tortilla Rounds ^ Choice of Milk	RANCH TURKEY BURGER^ Chipotle Ranch French Fries SunSet Sip Juice Ketchup (2) Fresh Fruit Diced Peaches Choice of Milk Mayonnaise	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN Romaine Salad Cucumber Coins Carrot Sticks Croutons ^ Light Ranch Dressing Fresh Fruit Choice of Milk	PIZZA DIPPERS Marinara Dipping Sauce Green Beans Mixed Fruit Cup Blended Fruit Juice Chocolate Cookie ^ Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

**** This institution is an equal opportunity provider.**

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