MARCH 2019

Breakfast and Lunch K-8

WEDNESDAY

March 6. 2019



SPRINGS. BEAR RIVER

NEW THIS MONTH



CHOCOLATE MILK **WEDNESDAYS!**

FRIDAY

March 1, 2019

Breakfast

Apple Cinnamon Cheerios ^ Graham Crackers ^ Fresh Apple

Lunch

French Toast Sticks w/Sausage ^ OR French Toast Sticks w/ Scrambled Eggs ^ # OR Chicken Alfredo Pasta ^ Wango Mango Juice and Fruit Cup

March 8, 2019

March 15, 2019

FRIDAY

March 4, 2019

Breakfast Cherry Loaf 1 French Toast Breakfast Square ^

Applesauce Cup, Grape Juice Lunch

Turkey Burger ^ OR Vegetarian Chicken Tinga

Diced Carrots Pickle Chips Applesauce Cup

Breakfast

HOT French Toast Sticks ^ w/Syrup

TUESDAY

March 5, 2019

March 12, 2019

March 19, 2019

Diced Pears Orange-Tangerine Juice

Lunch

Cheese Papusa # OR Popcorn Chicken ^ Fiesta Beans

Jalapenos Juice

Breakfast

Raspberry Yogurt & Granola ^ OR HOT Maple Brown Sugar Oatmeal ^

Fresh Apple

Lunch Chocolate Milk Day BBQ Chicken Sandwich ^ w/Green Beans OR

S/W Black Bean & Cheese Burrito ^ # w/Salsa Cup SunSet Sip Fruit Cup

Breakfast

HOT Cheese Omelet w/Bread Slice ^

Fresh Orange Mixed Fruit Cup

* * *Bistro Box* * * Lunch

Strawberry Yogurt # String Cheese Corn Muffin ^

March 14, 2019

March 7, 2019

Dragon Punch Fresh Orange

Breakfast

Frosted Corn Flakes ^ Graham Crackers ^ Fresh Apple

Lunch

Cheesy Penne Alfredo ^ # OR Nacho Chili Combo w/Tortilla Rounds ^ Broccoli Fresh Fruit Snickerdoodle Cookie ^

March 11, 2019

Breakfast

Chocolate Chip Crumble Strawberry Pancake Square ^ Applesauce Cup, Fruit Punch Juice

Lunch

Chicken & Green Chili Tamale ^ OR Veggie Nuggets w/Potato Wedges Diced Carrots Pickle Chips Mixed Fruit Cup

Breakfast

HOT Pancakes ^ w/Syrup Diced Peaches Orange-Tangerine Juice

Lunch

Taco Meat w/Soft Tortilla ^ or Tortilla Rounds ^ OR Bean and Cheese Burrito ^ # Salsa Cup

Refried Beans Applesauce Cup

March 13, 2019

Breakfast Mini Cherry Loaf ^ String Cheese Fresh Apple

Lunch Chocolate Milk Day

Chicken Sandwich ^ OR Salisbury Steak w/Gravy and Mashed Potatoes w/Sliced Bread (2) OR Veggie Chicken Tinga # Fresh Cauliflower Florets Fresh Pear

March 20, 2019

Breakfast

HOT Breakfast Quesadilla ^ Fresh Orange Pineapple Tidbits

Lunch

Spaghetti & Meatballs ^ OR General Tso's Chicken w/Noodles OR General Tso's Veggie Chicken with Noodles and Broccoli # Fresh Red Pepper Slices Strawberry-Kiwi Juice

March 21, 2019

Breakfast

Trix ^ Vanilla Waffle Square ^ Fresh Apple

Lunch

Pizza Dippers w/Marinara Sauce ^ # OR Orange Chicken w/Broccoli & Breadstick Fresh Baby Spinach

Diced Peaches

March 18, 2019

Non-Student Day

Breakfast

Lunch

HOT Egg and Cheese on Brioche Bun Diced Pears Fruit Punch Juice

Chicken Nuggets w/Potato Rounds OR French Toast Sticks w/Sausage ^ & Potato Rounds OR Veggie Nuggets w/Mashed Potatoes # Baby Carrots Apple Juice

March 26, 2019

Breakfast

Cinnamon Chex[^] Maple Breakfast Square ^ Fresh Apple

Lunch Chocolate Milk Day

Turkey Burger w/Maple Baked Beans ^ OR Chili Dog ^ OR Vegetarian Burger ^ # Fresh Cucumber Slices Mixed Fruit Cup

March 27, 2019

Breakfast

HOT Turkey Ham & Cheese on English Muffin ^ Fresh Banana Orange-Tangerine Juice

Crispy Chicken Drumstick ^ OR Nacho Chili Combo OR Veggie Nacho Chili Combo # Tortilla Rounds Sweet Maple Butter Carrots Fresh Apple Slices

March 28, 2019

Breakfast

Mini Peach Loaf ^ String Cheese Fresh Apple

Lunch

Popcorn Chicken ^^ OR Mini Cheese Ravioli ^ # Romaine Salad w/Fat Free Ranch Dressing Pineapple Tidbits Corn Muffin

March 29, 2019

March 22, 2019

March 25, 2019

Raspberry Yogurt & Granola ^ Cherry Craisins Orange-Tangerine Juice

Lunch

Breakfast

Cheeseburger ^ OR Veggie Burger ^ # Whole Kernel Corn Diced Pears

Breakfast

HOT Chicken Biscuit ^ Mixed Fruit Cup Straw-berry Kiwi Juice

Lunch

BBQ Chicken Sandwich ^ w/Carrots OR Spaghetti & Meatballs ^ w/Breadstick OR Veggie Spaghetti & Meatballs w/Breadstick Green Beans Orange-Tangerine Juice

Breakfast

Blueberry Crumble Graham Crackers ^ Fresh Apple

Lunch Chocolate Milk Day

Cheese Lasagna w/Tomato Sauce # OR Orange Chicken OR General Tso's Veggie Chicken w/Noodles # Broccoli Pineapple Tidbits

Breakfast

HOT Strawberry Pancakes ^ Fresh Pear Fruit Punch Juice

Lunch

Bean & Cheese Papusa # OR Taco Meat w/Tortilla Rounds ^ Jalapenos Fiesta Beans Fresh Apple Slices

Breakfast

Cinnamon Toast Crunch ^ Blueberry Muffin ^ Fresh Apple

Lunch

Chicken Sandwich ^ OR Corn Dog on a Stick OR Vegetarian Burger ^ # Country Blend Vegetables Fresh Banana

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE MILK ^ Denotes item is whole-grain/whole wheat.