





November K-8

				
			1	2
			Non-Student Day	Non-Student Day
Breakfast RASPBERRY YOGURT & CINNAMON OAT GRANOLA ^ Cherry Craisins Orange Tangerine Juice Lunch CHICKEN TAMALE WITH GREEN CHILI SAUCE OR CHEESEBURGER ON BUN ^ OR VEGGIE NUGGETS # Whole Kernel Corn, Diced Pears	5	Breakfast LEMON LOAF ^ Mozzarella String Cheese Fruit Cup Lunch SPAGHETTI & MEATBALLS ^ OR SPAGHETTI & VEGGIE MEATBALLS # ^ OR BBQ CHICKEN WITH CARROTS ^ Green Beans, Wheat Breadstick ^ Orange Tangerine Juice	6	Breakfast BLUEBERRY CRUMBLE ^ Graham Crackers ^ Fresh Apple Lunch ORANGE CHICKEN W/ BROCCOLI OR CHEESE LASAGNA W/ TOMATO SAUCE & BROCCOLI OR VEGETARIAN CHICKEN TINGA W/ CORN # Baby Carrots Pineapple Tidbits
Veteran's Day			12	13
			Non-Student Day	
No School			14	15
			Breakfast VANILLA YOGURT & CINNAMON OAT GRANOLA ^ OR BREAKFAST BURRITO ^ Fresh Orange, Applesauce Cup Lunch CRISPY CHICKEN DRUMSTICK & CORN MUFFIN ^ OR SALISBURY STEAK w/ MASHED POTATOES & SLICED BREAD ^ OR VEGETARIAN NUGGETS # Fresh Red Pepper Slices, Southwest Corn Mixed Fruit Cup	Breakfast APPLE CINNAMON CHEERIOS ^ Graham Cracker ^ Fresh Apple Lunch FRENCH TOAST STICKS w/ SAUSAGE ^ OR FRENCH TOAST STICKS w/ EGGS # ^ OR CHICKEN ALFREDO PASTA ^ AND BREADSTICK ^ Wango Mango Juice, Diced Peaches
19	20	21	22	23
Thanksgiving Break 				
Breakfast CHOCOLATE CHIP CRUMBLE ^ Strawberry Breakfast Square ^ Applesauce Cup, Juice Lunch CORN DOG OR CHICKEN & GREEN CHILE TAMALE OR VEGGIE NUGGETS # Corn Fresh Jicama Sticks Mixed Fruit Cup	26	Breakfast STRAWBERRY YOGURT & GRANOLA ^ OR HOT PANCAKES ^ & SYRUP Diced Peaches Orange Tangerine Juice Lunch CHICKEN QUESO BURRITO ^ OR BEAN & CHEESE BURRITO ^ # OR BUILD YOUR OWN TACO w/Soft Tortilla ^ Refried Beans Applesauce Cup Jalapenos	27	Breakfast LEMON LOAF ^ Mozzarella String Cheese Fresh Fruit Lunch SALISBURY STEAK w/ MASHED POTATOES & WHEAT BREAD OR VEGETARIAN PATTY w/MASHED POTATOES & WHEAT BREAD # OR CHICKEN SANDWICH w/ BUN ^ Mixed Vegetables Fresh Fruit
28	29	30		
Breakfast BAGEL ^ & CREAM CHEESE Fresh Fruit Mixed Fruit Cup Lunch GEN TSO'S CHICKEN & NOODLES W/ BROCCOLI ^ OR OR SPAGHETTI ^ & MEATBALLS OR GENERAL TSO'S VEGAN CHICKEN & NOODLES ^ Fresh Red Pepper Slices Strawberry Kiwi Juice	Breakfast FROSTED CORN FLAKES ^ Vanilla Breakfast Square Fresh Fruit Lunch PIZZA DIPPERS^ w/MARINARA DIPPING SAUCE OR ORANGE CHICKEN w/BROCCOLI & Breadstick^ Fresh Baby Spinach w/ Light Ranch Dressing Diced Peaches			
** ^ DENOTES ITEM IS WHOLE GRAIN OR WHOLE WHEAT ** # DENOTES ITEM IS VEGETARIAN				
**MENU SUBJECT TO CHANGE **WE ARE AN EQUAL OPPORTUNITY PROVIDER **ALL MEALS SERVED WITH THE APPROPRIATE CONDIMENTS AND THE CHOICE OF 1% or FAT FREE MILK				