SPRINGS CHARTER SCHOOLS Riverside STUDENT CENTER

April 2022

K-12 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				April 1, 2022
				BREAKFAST FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Ranch Dressing, Fresh Banana, Mustard, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
April 4, 2022	**April 5, 2022**	**April 6, 2022**	**April 7, 2022**	**April 8, 2022**
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk	**BREAKFAST** RICE CHEX^, Vanilla Waffle Breakfast Square^, Grape Juice, Dried Cranberries, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk
LUNCH TURKEY & CHEESE SANDWICH^, Fresh Baby Carrots, Ranch Dressing, Sun Splash Veggie Juice, Strawberry Applesauce, Mustard, Milk	**LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^, Milk	**LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Cauliflower Florets, French Dressing, Diced Peaches, Mustard, Milk	**LUNCH** TURKEY HAM & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Fresh Orange, Milk	**LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Pear, Mustard, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
April 11, 2022	**April 12, 2022**	**April 13, 2022**	**April 14, 2022**	**April 15, 2022**
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk	**BREAKFAST** RICE CHEX^, Vanilla Waffle Breakfast Square^, Grape Juice, Dried Cranberries, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk	**NON-STUDENT DAY**
LUNCH STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk	**LUNCH** TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Ranch Dressing, Mixed Fruit, Mustard, Milk	**LUNCH** TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk	**LUNCH** HERO SANDWICH^, Italian Corn Salad, Sliced Apples, Mustard, Milk	
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
April 18, 2022	**April 19, 2022**	**April 20, 2022**	**April 21, 2022**	**April 22, 2022**
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk	**BREAKFAST** RICE CHEX^, Vanilla Waffle Breakfast Square^, Grape Juice, Dried Cranberries, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk
LUNCH TURKEY & CHEESE SANDWICH^, Fresh Baby Carrots, Ranch Dressing, Sun Splash Veggie Juice, Strawberry Applesauce, Mustard, Milk	**LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^, Milk	**LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Cauliflower Florets, French Dressing, Diced Peaches, Mustard, Milk	**LUNCH** TURKEY HAM & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Fresh Orange, Milk	**LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Pear, Mustard, Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
April 25, 2022	**April 26, 2022**	**April 27, 2022**	**April 28, 2022**	**April 29, 2022**
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk	**BREAKFAST** RICE CHEX^, Vanilla Waffle Breakfast Square^, Grape Juice, Dried Cranberries, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk
LUNCH STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk	**LUNCH** TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Ranch Dressing, Mixed Fruit, Mustard, Milk	**LUNCH** TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk	**LUNCH** HERO SANDWICH^, Italian Corn Salad, Sliced Apples, Mustard, Milk	**LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Ranch Dressing, Fresh Banana, Mustard, Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK

^ Denotes item is whole-grain/whole wheat

**** This institution is an equal opportunity provider ****