Hemet STUDENT CENTER SPRINGS CHARTER SCHOOLS

# April 2022

## K-8 Breakfast & Lunch

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | | April 1, 2022 |
| | | | | **BREAKFAST**<br>GOLDEN GRAHAM CEREAL^, Vanilla Waffle Square^, Fresh Apple, Milk<br>**LUNCH**<br>TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Ranch Dressing, Fresh Banana, Mustard, Milk |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| April 4, 2022 | April 5, 2022 | April 6, 2022 | April 7, 2022 | April 8, 2022 |
| **BREAKFAST**<br>COCOA PUFFS^, Strawberry Pancake Square^, Craisins, Apple Juice, Milk<br>**LUNCH**<br>CRUNCHY CHICKEN TENDERS^, Breadstick^, Country Blend Vegetables, Diced Peaches, BBQ Sauce, Milk<br>**Vegetarian Option**<br>CHEESE PIZZA^ | **BREAKFAST**<br>APPLE FRUDEL^, Diced Peaches, Fruit Punch Juice, Milk<br>**LUNCH**<br>SALISBURY STEAK W/GRAVY & MASHED POTATOES, Hamburger Bun^, Sun Splash Veggie Juice, Strawberry Applesauce, Milk<br>**Vegetarian Option**<br>VEGETARIAN BURGER^, Potato Wedges, Ketchup | **BREAKFAST**<br>BLUEBERRY MINI MUFFIN^, String Cheese, Fresh Apple, Milk<br>**LUNCH**<br>CHARBROILED HAMBURGER, Hamburger Bun^, Broccoli, Fresh Baby Carrots, Ranch Dressing, Fresh Pear, Mustard, Ketchup, Milk<br>**Vegetarian Option**<br>GRILLED CHEESE PANINI^ | **BREAKFAST**<br>CINNAMON CHEX^, Cherry Breakfast Bar^, Fresh Banana, Orange-Tangerine Juice, Milk<br>**LUNCH**<br>CORN DOG ON A STICK^, Fiesta Beans, Fresh Baby Carrots, Ranch Dressing, Sliced Apples, Mustard, Ketchup, Milk<br>**Vegetarian Option**<br>CHIK'N NUGGETS, Cornbread^, BBQ Sauce | **BREAKFAST**<br>STRAWBERRY YOGURT, Granola^, Fresh Apple, Milk<br>**LUNCH**<br>HERO SANDWICH^, Italian Corn Salad, Fresh Pear, Mustard, Milk |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| April 11, 2022 | April 12, 2022 | April 13, 2022 | April 14, 2022 | April 15, 2022 |
| **BREAKFAST**<br>APPLE CINNAMON CHEERIOS^, Graham Crackers^, Craisins, Orange-Tangerine Juice, Milk<br>**LUNCH**<br>CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE^, Breadstick^, Corn, Strawberry Applesauce, Milk<br>**Vegetarian Option**<br>CHEESY PENNE BAKE^ | **BREAKFAST**<br>RASPBERRY-CHERRY YOGURT, Granola^, Diced Pears, Apple Juice, Milk<br>**LUNCH**<br>GRILLED BBQ CHICKEN, Hamburger Bun^, Baked Beans, Fresh Baby Carrots, Ranch Dressing, Orange-Tangerine Juice, Milk<br>**Vegetarian Option**<br>VEGETARIAN BURGER^, Mustard, Ketchup | **BREAKFAST**<br>TRIX^, Maple Breakfast Square^, Fresh Apple, Milk<br>**LUNCH**<br>CRISPY CHICKEN PATTY^, Hamburger Bun, Broccoli, Diced Peaches, BBQ Sauce, Milk<br>**Vegetarian Option**<br>MAC & CHEESE^ | **BREAKFAST**<br>CINNAMON BUN^, Fresh Banana, Fruit Punch Juice, Milk<br>**LUNCH**<br>HOT DOG W/POTATO ROUNDS, Hot Dog Bun^, Sun Splash Veggie Juice, Diced Pears, Mustard, Ketchup, Milk<br>**Vegetarian Option**<br>PIZZA DIPPERS^, Marinara Dipping Sauce | **NON-STUDENT DAY** |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| April 18, 2022 | April 19, 2022 | April 20, 2022 | April 21, 2022 | April 22, 2022 |
| **BREAKFAST**<br>CINNAMON TOAST CRUNCH^, Vanilla Waffle Square^, Craisins, Grape Juice, Milk<br>**LUNCH**<br>POPCORN CHICKEN^, Baked Beans, Sun Splash Veggie Juice, Strawberry Applesauce, BBQ Sauce, Milk<br>**Vegetarian Option**<br>GRILLED CHEESE PANINI^ | **BREAKFAST**<br>CINNAMON TOAST CRUNCH FILLED BAR^, Diced Pears, Orange-Tangerine Juice, Milk<br>**LUNCH**<br>TERIYAKI CHICKEN PATTY, Hamburger Bun^, French Fries, Diced Peaches, Ketchup, Milk<br>**Vegetarian Option**<br>VEGETARIAN BURGER^, Mustard | **BREAKFAST**<br>DOUBLE CHOCOLATE MINI MUFFIN^, String Cheese, Fresh Apple, Milk<br>**LUNCH**<br>CRISPY CHICKEN PATTY^, Hamburger Bun^, Mixed Vegetables, Orange-Tangerine Juice, BBQ Sauce, Milk<br>**Vegetarian Option**<br>MINI CHEESE RAVIOLI WITH SAUCE^, Breadstick^ | **BREAKFAST**<br>VANILLA YOGURT Granola^, Fresh Banana Fruit Punch Juice, Milk<br>**LUNCH**<br>*GLOBAL BITES*<br>DUTCH WAFFLE^ W/SAUSAGE, Tropical Veggie Juice, Diced Pears, Syrup, Milk<br>**Vegetarian Option**<br>CHIK'N NUGGETS, Breadstick^, BBQ Sauce | **BREAKFAST**<br>PLAIN BAGEL^, Cream Cheese, Applesauce, Grape Juice, Milk<br>**LUNCH**<br>HERO SANDWICH^, Italian Corn Salad, Fresh Pear, Mustard, Milk |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| April 25, 2022 | April 26, 2022 | April 27, 2022 | April 28, 2022 | April 29, 2022 |
| **BREAKFAST**<br>FROSTED CORN FLAKES^, Cherry Breakfast Bar^, Craisins Orange-Tangerine Juice, Milk<br>**LUNCH**<br>TURKEY & CHEESE ON A BUN^, Country Blend Vegetables, Strawberry Applesauce, Mustard, Milk<br>**Vegetarian Option**<br>CHEESE PIZZA^ | **BREAKFAST**<br>STRAWBERRY YOGURT Granola^, Diced Peaches, Grape Juice, Milk<br>**LUNCH**<br>CHEESEBURGER, Hamburger Bun^, Broccoli, Orange-Tangerine Juice, Mustard, Ketchup, Milk<br>**Vegetarian Option**<br>MAC & CHEESE^, Breadstick^ | **BREAKFAST**<br>RICE CHEX^, Graham Crackers^, Fresh Apple, Milk<br>**LUNCH**<br>PANCAKES & SAUSAGE^, Seasoned Diced Potatoes, Sun Splash Veggie Juice, Diced Pears, Syrup, Milk<br>**Vegetarian Option**<br>VEGETARIAN BURGER^, Mayo | **BREAKFAST**<br>PLAIN BAGEL^, Cream Cheese, Fresh Banana, Fruit Punch Juice, Milk<br>**LUNCH**<br>HOT DOG, Hot Dog Bun^, Baked Beans, Fresh Baby Carrots, Ranch Dressing, Fresh Apple, Mustard, Ketchup, Milk<br>**Vegetarian Option**<br>CHIK'N NUGGETS Breadstick^, BBQ Sauce | **BREAKFAST**<br>BLUEBERRY MINI MUFFIN^, String Cheese, Fresh Apple, Milk<br>**LUNCH**<br>TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Ranch Dressing, Fresh Banana, Mustard, Milk |

*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK*
*^ Denotes item is whole-grain/whole wheat*
**** This institution is an equal opportunity provider ****