SPRINGS CHARTER SCHOOLS
Murrieta STUDENT CENTER

April 2022

K-8 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				April 1, 2022
				BREAKFAST FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Ranch Dressing, Fresh Banana, Mustard, Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 4, 2022	April 5, 2022	April 6, 2022	April 7, 2022	April 8, 2022
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Fresh Baby Carrots, Ranch Dressing, Sun Splash Veggie Juice, Strawberry Applesauce, Mustard, Milk	**BREAKFAST** RICE CHEX^, Vanilla Waffle Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Cauliflower Florets, French Dressing, Diced Peaches, Mustard, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Fresh Orange, Milk	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Pear, Mustard, Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 11, 2022	April 12, 2022	April 13, 2022	April 14, 2022	April 15, 2022
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk	**BREAKFAST** RICE CHEX^, Vanilla Waffle Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Ranch Dressing, Mixed Fruit, Mustard, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Sliced Apples, Mustard, Milk	**NON-STUDENT DAY**
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 18, 2022	April 19, 2022	April 20, 2022	April 21, 2022	April 22, 2022
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Fresh Baby Carrots, Ranch Dressing, Sun Splash Veggie Juice, Strawberry Applesauce, Mustard, Milk	**BREAKFAST** RICE CHEX^, Vanilla Waffle Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** VANILLA YOGURT, String Cheese, Tropical Veggie Juice, Diced Pears, Cornbread^, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Cauliflower Florets, French Dressing, Diced Peaches, Mustard, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Fresh Orange, Milk	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Fresh Pear, Mustard, Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 25, 2022	April 26, 2022	April 27, 2022	April 28, 2022	April 29, 2022
BREAKFAST TRIX CEREAL^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** STRAWBERRY YOGURT, String Cheese, Tropical Veggie Juice, Fresh Orange, Cornbread^, Milk	**BREAKFAST** RICE CHEX^, Vanilla Waffle Breakfast Square^, Grape Juice, Dried Cranberries, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH^, Sun Splash Veggie Juice, Fresh Baby Carrots, Ranch Dressing, Mixed Fruit, Mustard, Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^, Graham Crackers^, Strawberry-Kiwi Juice, Dried Cranberries, Milk **LUNCH** TURKEY & CHEESE SANDWICH^, Hummus Cup, Fresh Baby Carrots, Orange-Tangerine Juice, Mustard, Milk	**BREAKFAST** COCOA PUFFS^, Strawberry Breakfast Square^, Blended Fruit Juice, Peach Cup, Milk **LUNCH** HERO SANDWICH^, Italian Corn Salad, Sliced Apples, Mustard, Milk	**BREAKFAST** FRUITY CHEERIOS^, Maple Breakfast Square^, Orange-Tangerine Juice, Dried Cranberries, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^, Fresh Chopped Romaine, Fresh Broccoli Florets, Ranch Dressing, Fresh Banana, Mustard, Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS and CHOICE OF 1% OR FAT FREE WHITE MILK

^ Denotes item is whole-grain/whole wheat

**** This institution is an equal opportunity provider ****