February

Hemet Quest K-8

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 3, 2020	**February 4, 2020**	**February 5, 2020**	**February 6, 2020**	**February 7, 2020**
Breakfast GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Fruit Punch Juice Milk **Lunch** CHICKEN RANCH FLATBREAD ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Applesauce Cup Milk	**Breakfast** COCOA PUFFS ^ Graham Crackers ^ Orange-Tangerine Juice Diced Peaches Milk **Lunch** TOASTY TUESDAY** 4-CHEESE PANINI ^ CHEESEBURGER ^ Pickle Chips Tomato Soup^ Diced Pears Mustard & Ketchup Milk	**Breakfast** String Cheese Chocolate Chip Mini Loaf ^ Fresh Apple Milk **Lunch** CHEESE & GREEN CHILE TAMALE CRISPY CHICKEN DRUMSTICK ^ Corn Muffin ^ Maple Baked Beans Fresh Red Pepper Slices Fresh Orange* Hot Sauce, BBQ, Ranch Milk	**Breakfast** VANILLA YOGURT Granola ^ Fresh Banana Grape Juice Milk **Lunch** CHEESY TACO MEAT VEGGIE NACHO COMBO CHILI Tortilla Rounds ^ Romaine Lettuce Fresh Apple Slices Jalapenos Ranch Milk	**NO SCHOOL**
February 10, 2020	**February 11, 2020**	**February 12, 2020**	**February 13, 2020**	**February 14, 2020**
Breakfast TRIX ^ Strawberry Pancake Square ^ Craisins Grape Juice Milk **Lunch** PARMESAN POPCORN CHICKEN & PASTA ^ SPAGHETTI W/VEGGIE MEATBALLS Breadstick (IW)^ Mixed Vegetables Applesauce Cup Milk	**Breakfast** RASPBERRY YOGURT Granola ^ Mixed Fruit Cup Orange-Tangerine Juice Milk **Lunch** DELI SUB SANDWICH ^ VEGGIE NUGGETS W/POTATO WEDGES ^ Pretzel ^ Corn Diced Peaches Pickle Chips Milk	**Breakfast** BLUEBERRY MUFFIN^ String Cheese Fresh Apple Milk **Lunch** GENERAL TSO'S CHICKEN & NOODLES ^ GENERAL TSO'S VEGAN CHICKEN W/NOODLES Broccoli Fresh Green Peppers Fresh Banana Ranch Milk	**Breakfast** LEMON LOAF ^ Fresh Orange* Fruit Punch Juice Milk **Lunch** MEATLOAF PANINI ^ VEGETARIAN BURGER Wrapped Hamburger Bun ^ Maple Baked Beans Sun Splash Veggie Juice Fresh Apple Slices Ketchup Milk	**Breakfast** CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple Milk **Lunch** DELI SUB SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Light Italian Dressing Mixed Fruit Cup Mustard Milk
February 17, 2020	**February 18, 2020**	**February 19, 2020**	**February 20, 2020**	**February 21, 2020**
PRESIDENTS DAY	**Breakfast** STRAWBERRY YOGURT Granola ^ Diced Pears Apple Juice Milk **Lunch** SLOPPY JOE Wrapped Hamburger Bun ^ PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Orange-Tangerine Juice Milk	**Breakfast** CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Milk **Lunch** BEAN & CHEESE PUPUSA CHARBROILED HAMBURGER Wrapped Hamburger Bun ^ Whole Kernel Corn Fresh Crunchy Celery Sticks Fresh Pear* Ketchup, Hot Sauce, Ranch Milk	**Breakfast** ENGLISH MUFFIN ^ Assorted Jelly Fresh Banana Diced Peaches Milk **Lunch** CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ MINI CHEESE RAVIOLI WITH SAUCE ^ Maple Baked Beans Fresh Orange* Milk	**Breakfast** String Cheese Peach Mini Loaf ^ Fresh Apple Milk **Lunch** TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Light Ranch Dressing Diced Peaches Mustard Milk
Febraury 24, 2020	**Febraury 25, 2021**	**Febraury 26, 2022**	**Febraury 27, 2023**	**Febraury 28, 2024**
Breakfast APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Milk **Lunch** PENNE PASTA W/MEAT SAUCE ^ Breadstick ^ VEGETARIAN CHICKEN TINGA W/CORN IW Soft Tortilla ^ Green Beans Mixed Fruit Cup Milk	**Breakfast** VANILLA YOGURT Granola ^ Applesauce Cup Fruit Punch Juice Milk **Lunch** CHICKEN TACO VEGETARIAN CHILI W/BEANS Corn Diced Pears Wild White Nacho Doritos^ Milk	**Breakfast** BANANA MUFFIN ^ String Cheese Fresh Apple Milk **Lunch** CHICKEN & GREEN CHILE TAMALE VEGETARIAN BURGER Wrapped Hamburger Bun ^ Baby Carrots Romaine Lettuce Orange-Tangerine Juice Ketchup, Mustard, Ranch, Hot Sauce Milk	**Breakfast** WHOLE WHEAT BAGEL Cream Cheese Fresh Pear* Orange-Tangerine Juice Milk **Lunch** VEGGIE NUGGETS W/POTATO WEDGE Pretzel ^ HOT DOG W/POTATO ROUNDS Wrapped Hot Dog Bun ^ Maple Baked Beans Fresh Apple Ketchup & Mustard Milk	**Breakfast** CINNAMON TOAST CRUNCH ^ French Toast Breakfast Square ^ Fresh Apple Milk **Lunch** VANILLA YOGURT String Cheese Tropical Veggie Juice Fresh Banana* Cherry Loaf ^ Milk

*** MENU SUBJECT TO CHANGE ***

*^ Denotes item is whole-grain/whole wheat.*This menu is free of peanuts, tree nuts, fish, and shellfish.*
*** This institution is an equal opportunity provider.*