

Hemet Quest

Lunch K-5

Monday	Tuesday	Wednesday	Thursday	Friday
July 29, 2019	**July 30, 2019**	**July 31, 2019**	**August 1, 2019**	**August 2, 2019**
August 5, 2019	**August 6, 2019**	**August 7, 2019**	**August 8, 2019**	**August 9, 2019**
August 12, 2019	**August 13, 2019**	**August 14, 2019**	**August 15, 2019**	**August 16, 2019**
August 19, 2019	**August 20, 2019**	**August 21, 2019**	**August 22, 2019**	**August 23, 2019**
August 26, 2019	**August 27, 2019**	**August 28, 2019**	**August 29, 2019**	**August 30, 2019**
CRISPY CHICKEN DRUMSTICK ^ MINI CHEESE RAVIOLI W/SAUCE ^ Corn Muffin ^ Baby Carrots Green Beans Fat Free Ranch Dressing Orange-Tangerine Juice Choice of Milk	RIB-B-QUE WHOLE WHEAT BUN ^ BEAN & CHEESE BURRITO ^ French Fries Diced Peaches Ketchup Salsa Choice of Milk	MEATLOAF PANINI ^ GRILLED CHEESE PANINI ^ Corn Fresh Crunchy Celery Sticks Diced Pears Fat Free Ranch Dressing Choice of Milk	CHEESY TACO MEAT VEGGIE NACHO COMBO CHILI Tortilla Rounds ^ Romaine Lettuce Fresh Red Pepper Slices Fresh Apple Slices Chocolate Cookie ^ Salsa Light Italian Dressing Choice of Milk	TURKEY & CHEESE SANDW Baby Carrots Fresh Pear* Hummus Cup Mustard Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHA

^ Denotes item is whole-grain/whole wheat. * This institution is an equal opportunity provider.**