May 2019

Breakfast and Lunch 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		May 1, 2019	May 2, 2019	May 3, 2019
		Breakfast CAASPP Testing	Breakfast CAASPP Testing	Breakfast CAASPP Testing
		Yogurt	Blueberry Coffee Cake	Fruity Cheerios ^
	amat	Granola ^	Graham Crackers ^	Animal Grahams ^
		Fresh Fruit	Fresh Apple	Fresh Pear, Fruit Punch Juice
		Lunch	Lunch	Lunch
	emet	Turkey & Cheese Sandwich ^	Turkey-Bologna Sandwich ^	Deli Sub Sandwich ^
	NT CENTER	Chopped Romaine, Cauliflower Florets	Hummus Cup, Baby Carrots	Crunchy Celery Sticks, Sun Splash Veggie Juice
• • • • • • •	SPRINGS.	Pineapple Tidbits, Orange-Tangerine Juice	Apple Slices, Grape Juice	Fresh Banana, Diced Peaches
	CHARTER SCHOOLS	Vanilla Cookie ^	Multi-Grain Sun Chips	Honey Roasted Sunflower Seeds
May 6, 2019	May 7, 2019	May 8, 2019	May 9, 2019	May 10, 2019
eakfast	Breakfast CAASPP Testing	Breakfast CAASPP Testing	Breakfast CAASPP Testing	Breakfast CAASPP Testing
namon Toast Crunch ^	Cinnamon Coffee Cake	Golden Graham Cereal ^	Bagel ^	Vanilla Yogurt
eberry Muffin ^	Animal Grahams ^. Cherry Craisins	French Toast Breakfast Square ^	Cream Cheese	Cinnamon Oat Granola ^
sh Apple	Fruit Punch Juice	Pineapple Tidbits, Orange Juice	Fresh Apple	Fresh Orange, Applesauce Cup
inch	Lunch	Lunch	Lunch	Lunch
cken Queso Burrito ^	Strawberry Yogurt, String Cheese	Deli Sub Sandwich ^	Turkey-Ham & Cheese Sandwich ^	Turkey & Cheese Sandwich ^
getarian Chili, Garden Vegetables	Pretzels [^] , Chocolate Cookie [^]	Chopped Romaine, Cauliflower Florets	Italian Corn Salad, Tropical Veggie Juice	Baby Carrots, Sun Splash Veggie Juice
ended Fruit Juice, Fresh Pear	Dragon Punch, Baby Carrots	Fresh Pear, Strawberry-Kiwi Juice	Mixed Fruit Cup	Diced Peaches, Fresh Orange
etzels ^	Apple Slices, Fresh Orange	Cheddar Sun Chips ^	Fresh Apple	
May 13, 2019	May 14, 2019	May 15, 2019	May 16, 2019	May 17, 2019
reakfast	Breakfast	Breakfast	Breakfast	Breakfast
ple Cinnamon Cheerios ^	Apple Cinnamon Coffee Cake	Blueberry Muffin ^	Raspberry Yogurt	Cherry Loaf ^
aple Breakfast Square ^	French Toast Breakfast Square ^	String Cheese	Cinnamon Oat Granola ^	Pineapple Tidbits
esh Apple	Applesauce Cup, Orange-Tangerine Juice	Grape Juice, Diced Pears	Fresh Apple	Fresh Orange
inch	Lunch	Lunch	Lunch	Lunch
rkey Burger ^	Cheese Papusa	BBQ Chicken Sandwich ^ w/Green Beans	Chicken Nuggets w/Potato Rounds	Chicken Alfredo Pasta ^
nole Kernel Corn,	Fiesta Beans, Broccoli	Fresh Red Pepper Slices	Breadstick ^	Fresh Zucchini Slices, California Blend Veggies
n Splash Veggie Juice	Grape Juice, Pineapple Tidbits	Diced Peaches	Fresh Cucumber Slices, Jalapenos	Fresh Orange, Mixed Fruit Cup
plesauce Cup, Fresh Pear	Pretzels ^, Honey Roasted Sunflower Seeds	Orange-Tangerine Juice	Fruit Punch Juice, Fresh Nectarine	Vanilla Cookie ^
May 20, 2019	May 21, 2019	May 22, 2019	May 23, 2019	May 24, 2019
eakfast	Breakfast	Breakfast	Breakfast	Breakfast
sted Corn Flakes ^	Chocolate Chip Coffee Cake	Strawberry Yogurt	Mini Lemon Loaf ^	Bagel ^
aham Crackers ^	Strawberry Pancake Square ^	Granola ^	String Cheese	Cream Cheese
sh Apple	Applesauce Cup, Fruit Punch Juice	Diced Peaches, Orange-Tangerine Juice	Fresh Apple	Fresh Orange, Mixed Fruit Cup
inch	Lunch	Lunch	Lunch	Lunch
orted Cold Sandwiches ^ OR	Taco Meat w/Soft Tortillas ^	Chicken Sandwich ^	Spaghetti & Meatballs ^	Pizza Dippers w/Marinara Sauce ^ #
icken & Green Chili Tamale	Refried Beans	Country Blend Vegetables	Diced Carrots	Fresh Baby Spinach w/Ranch Dressing
nole Kernel Corn, Baby Carrots	Jalapenos	Sun Splash Veggie Juice	Fresh Apple	Diced Peaches, Fresh Banana, Cookie ^
xed Fruit Cup, Strawberry-Kiwi Juice	Applesauce Cup, Fresh Orange	Fresh Pear, Pineapple Tidbits	Original Sun Chips ^	Mission San Luis Rey Field Trip
May 27, 2019	May 28, 2019	May 29, 2019	May 30, 2019	May 31, 2019
	Breakfast	Breakfast	Breakfast	Breakfast
	Trix ^	Banana Muffin	Cinnamon Chex ^	Rice Chex^
	Vanilla Waffle Square ^	String Cheese	Maple Breakfast Square ^	Strawberry Pancake Square ^
***	Fresh Apple	Diced Pears, Fruit Punch Juice	Fresh Apple	Fresh Banana, Orange-Tangerine Juice
A E A AODI AI	Lunch	Lunch	Lunch	Lunch
IVICIVICKIKL	Assorted Cold Sandwiches ^ OR	Assorted Cold Sandwiches ^ OR Turkey Burger ^	Assorted Cold Sandwiches ^ OR	Popcorn Chicken ^
DAY	French Toast Sticks ^ w/Sausage	Maple Baked Beans	Crispy Chicken Drumstick ^	Romaine Lettuce
	Potato Rounds	Whole Kernel Corn	Tortilla Rounds, Sweet Maple Butter Carrots	Baby Carrots, Cucumber Slices
	Sun Splash Veggie Juice	Mixed Fruit Cup, Fruit Punch Juice	Jalapenos, Fresh Apple Slices	Pineapple Tidbits, Orange-Tangerine Juice
	Fresh Apple	Pretzels ^	Grape Juice	Raspberry Cookies ^
ALL MEALS SERVED WITH APPRO	DPRIATE CONDIMENTS AND A CHOICE OF 1			ECT TO CHANGE **
	Denotes item is whole-grain/whole whe		# Denotes item is vegetarian.	