SEPTEMBER Lunch

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HEMET QUEST CENTER
LUNCH K-8

Monday	Tuesday	Wednesday	Thursday	Friday
September 3, 2018	**September 4, 2018**	**September 5, 2018**	**September 6, 2018**	**September 7, 2018**
LABOR DAY	MINI CORN DOGS & CHICKEN FUN MIX French Fries Orange Sorbet 100% Juice Ketchup BBQ Sauce Choice of Milk	*NATIONAL CHEESE PIZZA DAY!* CHEESY FLATBREAD ^ Mixed Vegetables Diced Pears Choice of Milk	CRISPY CHICKEN SANDWICH ^ Corn Fresh Fruit BBQ Sauce Choice of Milk	SPAGHETTI & MEATBALLS^ Green Beans Fresh Fruit Choice of Milk
September 10, 2018	**September 11, 2018**	**September 12, 2018**	**September 13, 2018**	**September 14, 2018**
CHICKEN STRIPS W/SWEET POTATO PUFFS ^ Maple Baked Beans Applesauce Cup BBQ Sauce Mustard Choice of Milk	BAGEL DOG ^ Mixed Vegetables Blended Fruit Juice Mustard Ketchup Choice of Milk	HOMESTYLE SALISBURY STEAK W/GRAVY Sliced Bread ^ Mashed Potatoes Baby Carrots Light Ranch Dressing Fresh Fruit Choice of Milk	CHEESY FLATBREAD ^ Broccoli Florets Fat Free Ranch Dressing Mixed Fruit Cup Choice of Milk	BBQ CHICKEN SANDWICH^ Corn Fresh Fruit Choice of Milk
September 17, 2018	**September 18, 2018**	**September 19, 2018**	**September 20, 2018**	**September 21, 2018**
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Green Beans Mixed Fruit Cup Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Golden Potato Rounds Orange Juice Syrup Ketchup Choice of Milk	PEPPERONI FLATBREAD ^ Romaine Salad Light Ranch Dressing Diced Peaches Choice of Milk	MAC & CHEESE ^ Mixed Vegetables Fresh Fruit Choice of Milk	CHARBROILED HAMBURGER^ Maple Baked Beans Green Pepper Slices Light Ranch Dressing Fresh Fruit Ketchup Mustard Choice of Milk
September 24, 2018	**September 25, 2018**	**September 26, 2018**	**September 27, 2018**	**September 28, 2018**
NO SCHOOL	CHICKEN QUESO BURRITO Salsa Cup Refried Beans Pineapple Tidbits Choice of Milk	RANCH TURKEY BURGER^ Chipotle Ranch French Fries Ketchup Fresh Fruit Choice of Milk	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN Romaine Salad Cucumber Coins Light Ranch Dressing Orange Juice Choice of Milk	PIZZA DIPPERS Marinara Dipping Sauce Green Beans Fresh Fruit Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

**** This institution is an equal opportunity provider.**

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