SEPTEMBER

preferredmeals an elior company

Breakfast

HEMET QUEST STUDENT CENTER

Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
September 3, 2018	**September 4, 2018**	**September 5, 2018**	**September 6, 2018**	**September 7, 2018**
LABOR DAY	TRIX ^ & ANIMAL GRAHAMS ^ Cherry Craisins Grape Juice Choice of Milk	CINNAMON TOAST CRUNCH ^ & GRAHAM CRACKERS ^ Fresh Fruit Choice of Milk	RICE CHEX ^& STRAWBERRY PANCAKE SQUARE^ Fresh Fruit Apple Cherry Juice Choice of Milk	STRAWBERRY BANANA YOGURT & GRANOLA ^ Fresh Fruit Choice of Milk
September 10, 2018	**September 11, 2018**	**September 12, 2018**	**September 13, 2018**	**September 14, 2018**
GOLDEN GRAHAM CEREAL ^ & FRENCH OAST BREAKFAST SQUARE^ Cherry Craisins Blended Fruit Juice Choice of Milk	FROSTED CORN FLAKES ^ & STRAWBERRY PANCAKE SQUARE^ Orange Juice Diced Pears Choice of Milk	STRING CHEESE & TROPICAL MINI LOAF ^ Fresh Fruit Choice of Milk	VANILLA YOGURT & GRANOLA^ Fresh Fruit Diced Peaches Choice of Milk	APPLE CINNAMON CHEERIOS ^ & MAPLE BREAKFAST SQUARE ^ Fresh Fruit Choice of Milk
September 17, 2018	**September 18, 2018**	**September 19, 2018**	**September 20, 2018**	**September 21, 2018**
TRIX ^ & STRAWBERRY BREAKFAST SQUARE^ Cherry Craisins Orange Juice Choice of Milk	BLUEBERRY MUFFIN ^ & STRING CHEESE Mixed Fruit Cup Blended Fruit Juice Choice of Milk	RASPBERRY YOGURT & GRANOLA^ Fresh Fruit Choice of Milk	PUMPKIN MINI LOAF ^ Fresh Fruit Grape Juice Choice of Milk	CORN CHEX ^ & VANILLA WAFFLE SQUARE^ Fresh Fruit Choice of Milk
September 24, 2018	**September 25, 2018**	**September 26, 2018**	**September 27, 2018**	**September 28, 2018**
NO SCHOOL	STRAWBERRY YOGURT & GRANOLA^ Diced Pears Orange Juice Choice of Milk	CINNAMON CHEX ^ & MAPLE BREAKFAST SQUARE^ Fresh Fruit Choice of Milk	PLAIN BAGEL ^ & Cream Cheese Fresh Fruit Blended Fruit Juice Choice of Milk	STRING CHEESE & PEACH MINI LOAF^ Fresh Fruit Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

***** This institution is an equal opportunity provider.**

Visit Us: preferredmeals.com

preferredmeals an elior company