Hemet STUDENT CENTER SPRINGS CHARTER SCHOOLS

August 2021

K-8 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 2, 2021	August 3, 2021	August 4, 2021	August 5, 2021	August 6, 2021
				
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 9, 2021	August 10, 2021	August 11, 2021	August 12, 2021	August 13, 2021
				
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 16, 2021	August 17, 2021	August 18, 2021	August 19, 2021	August 20, 2021
		**BREAKFAST** TRIX ^, Maple Breakfast Square ^, Fresh Apple, Milk **LUNCH** BBQ CHICKEN TATER TOT-CHOS w/Tortilla Rounds ^, Fresh Banana, Milk **Vegetarian Option** CHEESE PAPUSA ^ w/Golden Potato Rounds, Fresh Banana, Hot Sauce, Ketchup, Milk	**BREAKFAST** CINNAMON BUN ^, Fresh Banana, Fruit Punch Juice, Milk **LUNCH** TACO JOE, Hamburger Bun ^, Baked Beans, Fresh Plum, Milk **Vegetarian Option** BEAN & CHEESE EMPANADA ^, Baby Carrots, Baked Beans, Fresh Plum, Ranch Dressing, Milk	**BREAKFAST** CHERRY BREAKFAST BAR ^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH ^, Fresh Chopped Romaine, Fresh Broccoli Florets, Fresh Banana, Ranch Dressing, Mustard, Milk ***Vegetarian option available upon request.***
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 23, 2021	August 24, 2021	August 25, 2021	August 26, 2021	August 27, 2021
BREAKFAST CINNAMON TOAST CRUNCH ^, Vanilla Waffle Square ^, Dried Cranberries, Grape Juice, Milk **LUNCH** SE PIZZA ^ Corn, Pineapple Tidbits, Milk	**BREAKFAST** PLAIN BAGEL ^, Cream Cheese, Diced Pears, Orange-Tangerine Juice, Milk **LUNCH** 4-CHEESE PANINI ^ ntry Blend Vegetables, Mixed Fruit Cup, Milk	**BREAKFAST** DOUBLE CHOCOLATE MINI MUFFIN ^, String Cheese, Fresh Apple, Milk **LUNCH** NASHVILLE HOT POPCORN CHICKEN ^ w/Slice of Bread ^, Pickle Chips, French Fries, Orange-Tangerine Juice, Ketchup, Milk **Vegetarian Option** CHIK'N (Vegetarian Breaded) NUGGETS ^ w/BBQ Sauce, Cornbread, Pickle Chips, French Fries, Orange-Tangerine Juice, Ketchup, Milk	**BREAKFAST** VANILLA YOGURT, Granola ^, Apple Juice, Fresh Banana, Milk **LUNCH** CHICKEN & GREEN CHILI TAMALE ^ w/Hot Sauce, Baked Beans, Fresh Celery Stick, Fresh Apple Slices, Ranch Dressing, Milk **Vegetarian Option** MAC & CHEESE ^, Baked Beans, Fresh Celery Sticks, Fresh Apple Slices, Ranch Dressing, Milk	**BREAKFAST** FRUITY CHEERIOS ^, Strawberry Pancake Square ^, Fresh Apple, Milk **LUNCH** HERO SANDWICH ^, Italian Corn Salad, Fresh Pear, Mustard, Milk ***Vegetarian option available upon request.***
MONDAY	**TUESDAY**			
August 30, 2021	August 31, 2021			
BREAKFAST FROSTED CORN FLAKES ^, Apple Breakfast Bar ^, Dried Cranberries, Orange-Tangerine Juice, Milk **LUNCH** MINI CHEESE RAVIOLI ^ w/Sauce Breadstick ^, Green Beans, Diced Pears, Milk **Vegetarian Option** BEAN & CHEESE PAPUSA ^ w/Salsa Cup, Green Beans, Diced Pears, Milk	**BREAKFAST** STRAWBERRY YOGURT, Granola ^, Pineapple Tidbits, Grape Juice, Milk **LUNCH** HOMESTYLE SALISBURY STEAK w/Gravy, Hamburger Bun ^, Mashed Potatoes, Sun Splash Veggie Juice, Diced Peaches, Milk. **Vegetarian Option** BBQ (VEGETARIAN) CHICKEN STRIPS w/Carrots Hamburger Bun ^, Sun Splash Veggie Juice, Diced Peaches, Milk			

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK

*** MENU IS SUBJECT TO CHANGE ***

^ Denotes item is whole-grain/whole wheat

**** This institution is an equal opportunity provider ****

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program /or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nscr.usda.gov/complaint filing cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250- 9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish). USDA is an equal opportunity provider employer.