Hemet STUDENT CENTER SPRINGS CHARTER SCHOOLS

August 2021

K-8 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 2, 2021	August 3, 2021	August 4, 2021	August 5, 2021	August 6, 2021
				
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 9, 2021	August 10, 2021	August 11, 2021	August 12, 2021	August 13, 2021
				
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 16, 2021	August 17, 2021	August 18, 2021	August 19, 2021	August 20, 2021
		**BREAKFAST** TRIX ^, Maple Breakfast Square ^, Fresh Apple, Milk **LUNCH** TURKEY & CHEESE SANDWICH ^ Hummus Cup Fresh Baby Carrots Orange-Tangerine Juice Mustard Milk	**BREAKFAST** CINNAMON BUN ^, Fresh Banana, Fruit Punch Juice, Milk **LUNCH** HERO S WICH ^ Italian Corn Salad Fresh Apple Slices Mustard Milk	**BREAKFAST** CHERRY BREAKFAST BAR ^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH ^ Fresh Chopped Romaine Fresh Broccoli Florets Fresh Banana Ranch Dressing, Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
August 23, 2021	August 24, 2021	August 25, 2021	August 26, 2021	August 27, 2021
BREAKFAST CINNAMON TOAST CRUNCH ^, Vanilla Waffle Square ^, Dried **LUNCH** TURKEY CHEESE SANDWICH ^ Fresh Baby Carrots Sun Splash Veggie Juice Applesauce Ranch Dressing, Mustard Milk	**BREAKFAST** PLAIN BAGEL ^, Cream Cheese, Diced Pears, Orange-Tangerine Juice, Milk **LUNCH** VANILLA YOGURT Cinnamon Bun ^ String Cheese Tropical Veggie Juice Diced Pears Milk	**BREAKFAST** DOUBLE CHOCOLATE MINI MUFFIN ^, String Cheese, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH ^ Fresh Chopped Romaine Fresh Broccoli Florets Diced Peaches Ranch Dressing, Mustard Milk	**BREAKFAST** VANILLA YOGURT, Granola ^, Apple Juice, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH ^ Hummus Cup Fresh Baby Carrots Fresh Orange Mustard Milk	**BREAKFAST** FROSTED FLAKES ^, Strawberry Pancake Square ^, Fresh Apple, Mik **LUNCH** HERO SANDWICH ^ Italian Corn Salad Fresh Pear Mutard Milk
MONDAY	**TUESDAY**			
August 30, 2021	August 31, 2021			
BREAKFAST FROSTED CORN FLAKES ^, Apple Breakfast Bar ^, Dried Cranberries, **LUNCH** STRAWBERRY YOGURT Cornbread ^ String Cheese Tropical Veggie Juice Fresh Orange Milk	BREAKFAST STRAWBERRY YOGURT, Granola ^, Pineapple Tidbits, Grape Juice, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH ^ Sun Splash Veggie Juice Fresh Baby Carrots Mixed Fruit Cup Mustard Milk			***MENU SUBJECT TO CHANGE***

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS A CHOICE OF 1% OR FAT FREE WHITE MILK
^ Denotes item is whole-grain/whole wheat
 # Denotes item is Vegetarian
**** This institution is an equal opportunity provider ****

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program /or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nscr.usda.gov/complaint filing cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250- 9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish). USDA is an equal opportunity provider employer.