SPRINGS CHARTER SCHOOLS
Vista STUDENT CENTER

May 2021

K-8 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 3, 2021	**May 4, 2021**	**May 5, 2021**	**May 6, 2021**	**May 7, 2021**
BREAKFAST CINNAMON FLAKES ^ Mixed Berry Animal Crackers ^, Fresh Apple, Milk **LUNCH** CHICKEN DRUMSTICK ^ Cornbread ^ Baked Beans Baby Carrots with Lo Cal Ranch Dressing Fresh Pear Milk	**BREAKFAST** RICE KRISPIES ^ Maple Breakfast Square ^, Dried Cranberries, Apple Juice, Milk **LUNCH** CRISPY CHICKEN TENDERS ^ Mixed Vegetables Applesauce Cup BBQ Sauce Milk	**No Students on Campus**	**BREAKFAST** FROSTED FLAKES ^ Graham Crackers ^, Fresh Apple, Milk **LUNCH** COLBY CHEESE OMELET Cornbread ^ Seasoned Diced Potatoes SunSplash 100% Vegetable Juice Fresh Granny Smith Apple Milk	**BREAKFAST** CHERRY FRUDEL ^ Dried Cranberries, Blended Fruit Juice, Milk **LUNCH** MINI CORN DOGS ^ Baked Beans Baby Carrots w/Ranch Dressing Apple Slices Ketchup, Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 10, 2021	**May 11, 2021**	**May 12, 2021**	**May 13, 2021**	**May 14, 2021**
BREAKFAST DOUBLE CHOCOLATE MINI MUFFIN ^ Mozzarella String Cheese, Fresh Apple, Milk **LUNCH** SLOPPY JOE Hamburger Bun ^ Romaine Lettuce Lo Cal Italian Dressing Fresh Pear Milk	**BREAKFAST** FRUITY CHEERIOS ^ Apple Breakfast Bar ^, Dried Cranberries, Blended Fruit Juice, Milk **LUNCH** CHEESE PIZZA ^ Corn Applesauce Cup Milk	**No Students on Campus**	**BREAKFAST** GRAPE CRESCENT ^ Fresh Fuji Apple, Milk **LUNCH** MEATBALLS W/TOMATO SAUCE Hot Dog Bun ^ French Fries Orange-Tangerine Juice Ketchup Milk	**BREAKFAST** FROSTED FLAKES ^ Vanilla Waffle Breakfast Square ^, Apple Slices, Grape Juice, Milk **LUNCH** HOT DOG Hot Dog Bun ^ Potato Wedges Apple Juice Ketchup, Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 17, 2021	**May 18, 2021**	**May 19, 2021**	**May 20, 2021**	**May 21, 2021**
BREAKFAST TRIX ^ Graham Crackers ^, Fresh Red Apple, Milk **LUNCH** BEEF RIBETTE W/BBQ SAUCE Hamburger Bun ^ Green Beans Sun Splash 100% Vegetable Juice Fresh Pear Milk	**BREAKFAST** CINNAMON FLAKES ^ Mixed Berry Animal Crackers, Dried Cranberries, Apple Juice, Milk **LUNCH** BEAN AND CHEESE EMPANADA ^ Country Vegetables Fresh Apple Taco Sauce Milk	**No Students on Campus**	**BREAKFAST** BLUEBERRY MINI MUFFIN ^ Mozzarella String Cheese, Fresh Red Apple, Milk **LUNCH** MEATBALLS W/TOMATO SAUCE Hot Dog Bun ^ French Fries Fresh Apple Ketchup Milk	**BREAKFAST** RICE KRISPIES ^ Maple Breakfast Bar ^, Fresh Pear, Orange-Tangerine Juice, Milk **LUNCH** HOT DOG Hot Dog Bun ^ Potato Wedges Apple Slices Ketchup, Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 24, 2021	**May 25, 2021**	**May 26, 2021**	**May 27, 2021**	**May 28, 2021**
BREAKFAST STRAWBERRY YOGURT Cinnamon Oat Granola ^, Fresh Red Apple, Milk **LUNCH** PIZZA DIPPERS ^ Marinara Sauce Baked Beans Fresh Pear Milk	**BREAKFAST** TRIX ^ Graham Crackers ^, Dried Cranberries, Orange-Tangerine Juice, Milk **LUNCH** POPCORN CHICKEN ^ Baked Beans Sun Splash 100% Vegetable Juice Applesauce, BBQ Sauce Milk	**No Students on Campus**		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK

*** MENU IS SUBJECT TO CHANGE ****

^ Denotes item is whole-grain/whole wheat

**** This institution is an equal opportunity provider ****

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