SPRINGS CHARTER SCHOOLS
Riverside
STUDENT CENTER

May 2021

K-8 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 3, 2021	**May 4, 2021**	**May 5, 2021**	**May 6, 2021**	**May 7, 2021**
BREAKFAST FRUIT LOOPS^ Maple Breakfast Square^, Orange-Tangerine Juice, Craisins, Milk **LUNCH** CHICKEN DRUMSTICK ^ Cornbread ^ Baked Beans Baby Carrots with Lo Cal Ranch Dressing Fresh Red Apple Milk	**BREAKFAST** APPLE JACKS^ Vanilla breakfast square^, blended fruit juice, peach cup, milk **LUNCH** CRISPY CHICKEN TENDERS ^ Mixed Vegetables Diced Pears BBQ Sauce Milk	**BREAKFAST** FROSTED FLAKES^ Animal graham crackers^, strawberry-kiwi juice, craisins, milk **LUNCH** CHICKEN DUMPLING ^ California Blend Vegetables Applesauce Cup Milk	**BREAKFAST** COCOA PUFFS^ Strawberry Square^, grape juice, pear cup, milk **LUNCH** COLBY CHEESE OMELET Cornbread ^ Seasoned Diced Potatoes, Diced Peaches Baby Carrots w/Lo Cal Ranch Dressing Ketchup Milk	**BREAKFAST** FROSTED MIN I WHEATS Graham Crackers, Orange-Tangerine Juice, Peach Cup, Milk **LUNCH** MINI CORN DOGS ^ Baked Beans Pickle Chips Fresh Pear Ketchup, Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 10, 2021	**May 11, 2021**	**May 12, 2021**	**May 13, 2021**	**May 14, 2021**
BREAKFAST GOLDEN GRAHAMS^ Vanilla Breakfast square^, apple juice, craisins, milk **LUNCH** SLOPPY JOE Hamburger Bun ^ Romaine Lettuce Lo Cal Italian Dressing Fresh Banana Milk	**BREAKFAST** RICE KRISPIES^ cherry breakfast bar^, blended fruit juice, peach cup, milk **LUNCH** PARMESAN CHICKEN DIPPERS ^ Wheat Soft Stick ^ Corn Applesauce Cup Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^ Graham crackers^, strawberry-kiwi juice, craisins, milk **LUNCH** TURKEY TACO MEAT Wild White Nacho Doritos ^ Fiesta Beans Jalapenos, Salsa Mixed Fruit Cup Milk	**BREAKFAST** CINNAMON FROSTED FLAKES^ Strawberry Square^, Blended Fruit Juice, Peach Cup, Milk **LUNCH** MEATBALLS W/TOMATO SAUCE Hot Dog Bun ^ French Fries Orange-Tangerine Juice Ketchup Milk	**BREAKFAST** CHEERIOS Maple Breakfast Square, Grape Juice, Applesauce Cup, Milk **LUNCH** HOT DOG Hot Dog Bun ^ Potato Wedges Apple Juice Ketchup, Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 17, 2021	**May 18, 2021**	**May 19, 2021**	**May 20, 2021**	**May 21, 2021**
BREAKFAST FRUIT LOOPS^ Maple Breakfast Square^, Orange-Tangerine Juice, Craisins, Milk **LUNCH** BEEF RIBETTE W/BBQ SAUCE Hamburger Bun ^ Green Beans Sun Splash 100% Vegetable Juice Fresh Orange Milk	**BREAKFAST** APPLE JACKS^ Vanilla breakfast square^, blended fruit juice, peach cup, milk **LUNCH** BEAN AND CHEESE EMPANADA ^ Country Vegetables Diced Peaches Taco Sauce Milk	**BREAKFAST** FROSTED FLAKES^ Animal graham crackers^, strawberry-kiwi juice, craisins, milk **LUNCH** TURKEY TACO MEAT Wild White Nacho Doritos ^ Fiesta Beans Jalapenos, Salsa Mixed Fruit Cup Milk	**BREAKFAST** COCOA PUFFS^ Strawberry Square^, grape juice, pear cup, milk **LUNCH** MEATBALLS W/TOMATO SAUCE Hot Dog Bun ^ French Fries Orange-Tangerine Juice Ketchup Milk	**BREAKFAST** FROSTED MIN I WHEATS Graham Crackers, Orange-Tangerine Juice, Peach Cup, Milk **LUNCH** HOT DOG Hot Dog Bun ^ Potato Wedges Apple Juice Ketchup, Mustard Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 24, 2021	**May 25, 2021**	**May 26, 2021**	**May 27, 2021**	**May 28, 2021**
BREAKFAST GOLDEN GRAHAMS^ Vanilla Breakfast square^, apple juice, craisins, milk **LUNCH** PIZZA DIPPERS ^ Marinara Sauce Baked Beans Fresh Banana Milk	**BREAKFAST** RICE KRISPIES^ cherry breakfast bar^, blended fruit juice, peach cup, milk **LUNCH** POPCORN CHICKEN ^ Baked Beans Sun Splash 100% Vegetable Juice Applesauce, BBQ Sauce Milk	**BREAKFAST** CINNAMON TOAST CRUNCH^ Graham crackers^, strawberry-kiwi juice, craisins, milk **LUNCH** TACO TATER TOT-CHOS Tostito Tortilla Rounds ^ Pickle Chips Diced Peaches Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK
*** MENU IS SUBJECT TO CHANGE ***
^ Denotes item is whole-grain/whole wheat
**** This institution is an equal opportunity provider ****

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