Hemet Quest Student Center

May 2021

Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 3, 2021	**May 4, 2021**	**May 5, 2021**	**May 6, 2021**	**May 7, 2021**
BREAKFAST RICE KRISPIES ^ Maple Breakfast Square ^, Dried Cranberries, Apple Juice, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^ Italian Corn Salad Diced Pears Mustard Milk	**BREAKFAST** RASPBERRY YOGURT Granola ^, Diced Peaches, Orange-Tangerine Juice, Milk **LUNCH** VANILLA YOGURT CINNAMON BUN ^ String Cheese Tropical Veggie Juice Diced Pears Milk	**BREAKFAST** FROSTED FLAKES^ Graham Crackers ^, Fresh Apple, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH ^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Orange-Tangerine Juice Mustard & Ranch Milk	**BREAKFAST** CHERRY FRUDEL^ Fresh Banana, Fruit Punch Juice, Milk **LUNCH** HERO SANDWICH^ Hummus Cup Baby Carrots Fresh Orange Mustard Milk	
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 10, 2021	**May 11, 2021**	**May 12, 2021**	**May 13, 2021**	**May 14, 2021**
BREAKFAST FRUITY CHERRIOS^ Apple Bar^, Dried Cranberries, Fruit Punch Juice, Milk **LUNCH** STRAWBERRY YOGURT Cornbread ^ String Cheese Tropical Veggie Juice Fresh Orange Milk	**BREAKFAST** VANILLA YOGURT Granola ^, Diced Pears, Orange-Tangerine Juice, Milk **LUNCH** TURKEY HAM & CHEESE SANDWICH ^ Sun Splash Veggie Juice Baby Carrots Mixed Fruit Mustard & Ranch Milk	**BREAKFAST** PILLSBURY GRAPE CRESCENT^ Fresh Apple, Milk **LUNCH** HERO SANDWICH^ Hummus Cup Baby Carrots Orange-Tangerine Juice Mustard Milk	**BREAKFAST** FROSTED FLAKES^ Vanilla Waffle Square^, Fresh Banana, Grape Juice, Milk **LUNCH** TURKEY & CHEESE SANDWICH ^ Italian Corn Salad Fresh Apple Slices Mustard Milk	
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 17, 2021	**May 18, 2021**	**May 19, 2021**	**May 20, 2021**	**May 21, 2021**
BREAKFAST CINNAMON FLAKES^ Mixed Berry Animal Crackers^, Dried Cranberries, Apple Juice, Milk **LUNCH** TURKEY & CHEESE SANDWICH ^ Baby Carrots Sun Splash Veggie Juice Applesauce Mustard & Ranch Milk	**BREAKFAST** PLAIN BAGEL^ Diced Peaches, Fruit Punch Juice, Cream Cheese, Milk **LUNCH** VANILLA YOGURT CINNAMON BUN ^ String Cheese Tropical Veggie Juice Diced Pears Milk	**BREAKFAST** BLUEBERRY MINI MUFFIN^ String Cheese, Fresh Apple, Milk **LUNCH** TURKEY BOLOGNA SANDWICH^ Fresh Chopped Romaine (IW) Fresh Cauliflower Florets (IW) Diced Peaches Mustard & Ranch Milk	**BREAKFAST** RICE KRISPIES^ Maple Breakfast Square^, Fresh Banana, Orange-Tangerine Juice, Milk **LUNCH** HERO SANDWICH^ Hummus Cup Baby Carrots Fresh Orange Mustard Milk	
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
May 24, 2021	**May 25, 2021**	**May 26, 2021**	**May 27, 2021**	**May 28, 2021**
BREAKFAST TRIX^ Graham Crackers^, Dried Cranberries, Orange-Tangerine Juice, Milk **LUNCH** STRAWBERRY YOGURT String Cheese Tropical Veggie Juice Fresh Orange Cornbread ^ Milk	**BREAKFAST** CINNAMON TOAST CRUNCH BAR^ Mixed Fruit Cup, Grape Juice, Milk **LUNCH** HERO SANDWICH^ Italian Corn Salad Diced Pears Mustard Milk			

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK
***** MENU IS SUBJECT TO CHANGE *****
^ Denotes item is whole-grain/whole wheat
****** This institution is an equal opportunity provider ******

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