

September 2020

Breakfast K-12



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 1, 2020	September 2, 2020	September 3, 2020	September 4, 2020
and on	Rice Krispies^	Mini Wheats Little Bites^	Cinnamon Frosted Flakes^	Cherrios^
	Cherry Breakfast Bar^	Graham Crackers^	Strawberry Square^	Maple Breakfast Square^
00	Blended Fruit Juice	Strawberry-Kiwi Juice	Blended Fruit Juice	Grape Juice
	Peach Cup	Craisins	Peach Cup	Applesauce Cup
	Milk	Milk	Milk	Milk
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 7, 2020	September 8, 2020	September 9, 2020	September 10, 2020	September 11, 2020
LIADDY	Apple Jacks^	Frosted Flakes^	Cocoa Puffs^	Frosted Mini Wheats^
HAPPY	Vanilla Breakfast Square^	Animal Graham Crackers^	Strawberry Square^	Graham Crackers^
	Blended Fruit Juice	Strawberry-Kiwi Juice	Grape Juice	Orange-Tangerine Juice
	Peach Cup	Craisins	Applesauce Cup	Peach Cup
LABOR DAY	Milk	Milk	Milk	Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 14, 2020	September 15, 2020	September 16, 2020	September 17, 2020	September 18, 2020
Golden Graham Cereal^	Rice Krispies^	Mini Wheats Little Bites^	Cinnamon Frosted Flakes^	Cherrios^
Vanilla Breakfast Square^	Cherry Breakfast Bar^	Graham Crackers^	Strawberry Square^	Maple Breakfast Square^
Apple Juice	Blended Fruit Juice	Strawberry-Kiwi Juice	Blended Fruit Juice	Grape Juice
Craisins	Peach Cup	Craisins	Peach Cup	Applesauce Cup
Milk	Milk	Milk	Milk	Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 21, 2020	September 22, 2020	September 23, 2020	September 24, 2020	September 25, 2020
Fruit Loops^	Apple Jacks^	Frosted Flakes^	Cocoa Puffs^	Frosted Mini Wheats^
Maple Breakfast Square^	Vanilla Breakfast Square^	Animal Graham Crackers^	Strawberry Square^	Graham Crackers^
Craisins	Blended Fruit Juice	Strawberry-Kiwi Juice	Grape Juice	Orange-Tangerine Juice
Milk	Peach Cup	Craisins	Applesauce Cup	Peach Cup
WIIIK	Milk	Milk	Milk	Milk
	WHIK	WIIIK	IVIIIK	WIIIK
MONDAY	TUESDAY	WEDNESDAY		
September 28, 2020	September 29, 2020	September 30, 2020		
Golden Graham Cereal^	Rice Krispies^	Mini Wheats Little Bites^		
Vanilla Breakfast Square^	Cherry Breakfast Bar^	Graham Crackers^		1000
Apple Juice	Blended Fruit Juice	Strawberry-Kiwi Juice		
Craisins	Peach Cup	Craisins		
Milk	Milk	Milk		
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ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK

** MENU IS SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider ***