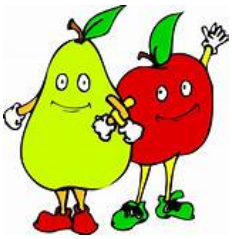
SPRINGS CHARTER SCHOOLS Vista STUDENT CENTER

September 2020

Lunch K-12



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 1, 2020	**September 2, 2020**	**September 3, 2020**	**September 4, 2020**
	**Cheeseburger** Wrapped Hamburger Bun ^ Potato Wedges Fiesta Beans Fruit Punch, Fresh Pear Ketchup, Mustard Milk	**French Bread Pizza ^** Mixed Vegetables Fresh Baby Carrots Fresh Banana Fresh Seedless Grapes Ketchup Milk	**Cheese Papusa ^** Honey Roasted Sunflower Seeds Sun Splash Veggie Juice Mixed Vegetables Fresh Nectarine, Fresh Sliced Apples Hot Sauce Milk	**"Walking Taco"** Cheesy Taco Meat Wild White Nacho Doritos ^ Fresh Broccoli Florets Fresh Celery Sticks and Baby Carrots Fresh Apple, Chocolate Cookie ^ Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
September 7, 2020	**September 8, 2020**	**September 9, 2020**	**September 10, 2020**	**September 11, 2020**
	**Corn Dog On a Stick ^** Potato Rounds Green Beans Fresh Nectarine Fresh Seedless Grapes Mustard Ketchup Milk	**Crispy Chicken Drumstick ^** Cornbread ^ Baked Beans Diced Carrots Fresh Sliced Apples Fresh Orange BBQ Sauce Milk	**Pizza Dippers ^** Mixed Vegetables Fresh Celery Sticks Fresh Apple Milk	**Cheesy Chipotle Chicken** w/ Spanish Rice ^ Tortilla Rounds ^ Whole Kernel Corn Fresh Broccoli and Carrots Fresh Banana, Fresh Peach Light Italian Dressing Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
September 14, 2020	**September 15, 2020**	**September 16, 2020**	**September 17, 2020**	**September 18, 2020**
Pancakes & Sausage ^ Potato Rounds Sun Splash Veggie Juice Fresh Apple Syrup Ketchup Milk	**Chicken Nuggets ^** Fiesta Beans Diced Carrots Fresh Plum, Fresh Pear Honey Mustard Vanilla Cookie ^ Milk	**Bean & Cheese Burrito ^** Potato Wedges Mixed Vegetables Fruit Punch Juice Fresh Sliced Apples Ketchup Milk	**French Bread Cheese Pizza ^** Whole Kernel Corn Fresh Orange Fresh Seedless Grapes Cheddar Sun Chips ^ Milk	**General TSO's Popcorn Chicken ^** Diced Carrots Fresh Celery Sticks Fresh Banana, Grape Juice Chocolate Cookie ^ Light Ranch Dressing Milk
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
September 21, 2020	**September 22, 2020**	**September 23, 2020**	**September 24, 2020**	**September 25, 2020**
Chicken Strips w/Mac & Cheese ^ Cornbread ^ Baked Beans Fresh Celery Sticks & Baby Carrots Fresh Apple Fat Free Ranch Dressing Honey Milk	**French Toast Sticks** w/ Scrambled Eggs ^ Country Blend Vegetables Fresh Baby Carrots Fresh Pear, Apple Juice Syrup Light Ranch Dressing Milk	**Pepperoni Pizza** Green Beans Sun Splash Veggie Juice Fresh Sliced Apples Fresh Orange Milk	**Pizza Dipper ^** Broccoli Diced Carrots Fresh Nectarine Fresh Plum Milk	**BBQ Chicken Tater Tot-Chaos** Tortilla Rounds ^ Mixed Vegetables Fresh Banana Fresh Seedless Grapes Snickerdoodle Cookie^ Milk
MONDAY	**TUESDAY**	**WEDNESDAY**		
September 28, 2020	**September 29, 2020**	**September 30, 2020**		
Cheese & Green Chile Tamale String Cheese Diced Carrots Whole Kernel Corn Grape Juice Fresh Plum Hot Sauce Milk	**Beef Rib-B-Que** Wrapped Hamburger Bun ^ Fresh Broccoli & Celery Fresh Apple Mini Pretzels Fat Free Ranch Dressing BBQ Sauce, Ranch Dressing Milk	**Chicken Nuggets** w/Potato Wedges ^ Cornbread ^ Diced Carrots Apple Juice Fresh Seedless Grapes BBQ Sauce, Ketchup Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK

*** MENU IS SUBJECT TO CHANGE ***

^ Denotes item is whole-grain/whole wheat