

September 2020

Breakfast & Lunch K-12



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 1, 2020 Breakfast Froot Loops ^, Graham Crackers ^, Pear Cup, Apple Slices, Milk Lunch Chick' n Nuggets w/Potato Wedges Cornbread ^, Diced Carrots Pineapple Cup BBQ Sauce, Ketchup Milk	September 2, 2020 Breakfast Turkey Ham & Cheese on English Muffin^, Grape Juice, Milk Lunch Cheesy Buffalo Chicken Rotini Fresh Broccoli & Carrots Mixed Vegetables Peach Cup Milk	September 3, 2020 Breakfast Rice Krispies ^, Graham Crackers ^, Applesauce, Grape Juice, Milk Lunch Pizza Dippers ^ Marinara Dipping Sauce Green Beans Applesauce Milk	September 4, 2020 Breakfast Blueberry Muffin ^, String Cheese, Mixed Fruit Cup, Milk Lunch Penne Pasta w/Meatsauce Breadstick ^ Mixed Vegetables Peach Cup Milk
September 7, 2020 	September 8, 2020 Breakfast Cinnamon Toast Soft Filled Bar, Diced Pears, Milk Lunch Breaded Chicken Nuggets ^ Fiesta Beans Pear Cup Maple Square ^ Milk	September 9, 2020 Breakfast Waffles ^, Peach Cup, Syrup, Milk Lunch Cheesy Chipotle Chicken w/Spanish Rice, Cornbread Broccoli Mixed Fruit Cup Milk	September 10, 2020 Breakfast Frosted Flakes ^, Apple Bar ^, Craisins, Milk Lunch Bean & Cheese Burrito ^ Salsa Cup Whole Kernel Corn Mixed Fruit Cup Milk	September 11, 2020 Breakfast Turkey Ham & Cheese on English Muffin^, Peach Cup, Milk Lunch Kickin Chicken Sandwich^ Potato Wedges Mixed Fruit Cup BBQ Sauce, Ketchup Milk
September 14, 2020 Breakfast Froot Loops ^, Graham Crackers ^, Pear Cup, Milk Lunch General Tso's Chicken & Noodles Broccoli Mixed Fruit Cup Chocolate Cookie ^ Milk	September 15, 2020 Breakfast Pillsbury Grape Crescent ^, Peach Cup, Milk Lunch Chicken Stirps w/Mac & Cheese Baked Beans Mixed Fruit Cup Milk	September 16, 2020 Breakfast Banana Muffin ^, String Cheese, Mixed Fruit Cup, Milk Lunch Hero Sandwich ^ Potato Rounds Mixed Fruit Cup Mustard Milk	September 17, 2020 Breakfast Cheerios ^ Apple Bar ^, Craisins, Milk Lunch 4-Cheese Panini Green Beans Pear Cup Milk	September 18, 2020 Breakfast Turkey Ham & Cheese on English Muffin^, Peach Cup, Milk Lunch Crispy Chicken Sandwich ^ Diced Carrots Applesauce Milk
September 21, 2020 Breakfast Rice Chex^, Graham Crackers^, Mixed Fruit Cup, Milk Lunch BBQ Chicken Tater Tot-Chos Cornbread^ Mixed Veggies Mixed Fruit Cup Milk	September 22, 2020 Breakfast Pillsbury Grape Crescent^, Peach Cup, Milk Lunch Corn Dog on a Stick Whole Kernel Corn Pineapple Cup Mustard, ketchup Milk	September 23, 2020 Breakfast Banana Muffin^, String Cheese, Mixed Fruit Cup, Milk Lunch Beef Rib-B-Que Sandwich French Fries Peach Cup Milk	September 24, 2020 Breakfast Frosted Flakes^, Apple Bar^, Craisins, Milk Lunch Chick'n Nuggets w/Potato Weges Cornbread^ Pineapple Cup Milk	September 25, 2020 Breakfast Turkey Ham & Cheese on English Muffin^, Peach Cup, Milk Lunch Meatloaf w/Tomato Sauce & Breadstick^ Green Beans Mixed Fruit Cup Milk
September 28, 2020 Breakfast Froot Loops ^, Graham Crackers ^, Pear Cup, Milk Lunch Cheesy Buffalo Chicken Rotini Breadstick^ Mixed Vegetables Peach Cup Milk	September 29, 2020 Breakfast Pillsbury Grape Crescent ^, Peach Cup, Milk Lunch Crunchy Chicken Tenders Baked Beans Applesauce Animal Crackers Milk	September 30, 2020 Breakfast Banana Muffin ^, String Cheese, Mixed Fruit Cup, Milk Lunch Nashville(Hot) Popcorn Chicken French Fries Peach Cup Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% OR FAT FREE WHITE MILK

** MENU IS SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider ***