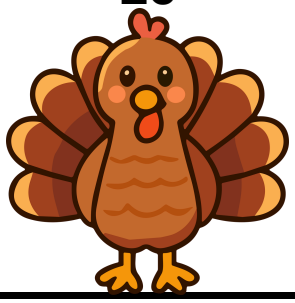
unity meals
LN CW

NOVEMBER
LUNCH

*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

HAPPY DIWALI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 *Chicken Tamale or *Cheese Tamale (V) with Beans	**3** *American BBQ Chicken Bowl or *Tofu Bowl (VG) with Broccoli or *Chicken Caesar salad	**4** *Turkey and Cheese Wedge sandwich or Cheesy Nachos (V) with Corn	**5** *Teriyaki Chicken Chow Mein or *Edamame Chow Mein (VG) with Carrots or *Asian Chicken salad	**6** *Pizza (Cheese (V) or Pepperoni) or *Pizza Bagels (V) with Cucumbers
9 *Chicken and Waffles or *BRC Burritos (V) with Celery sticks	**10** *Walking Taco with Beef or *Walking Taco with Cheese (V) and Beans or *Southwest Chicken salad	**11** 	**12** *Mac and Beef Pasta or *Mac and Cheese Pasta (V) with Broccoli or *Chef Salad	**13** *Pizza (Cheese (V) or Pepperoni) or *Cheesy Nachos (V) with Baby carrots
16 *Cheeseburger or *Quesadilla (V) with Broccoli	**17** *Chicken Taco Bowl or *BRC Taco Bowl (V) with Beans or *Caprese Chicken salad	**18** *Chicken Nugget Dippers or *Vegan Nugget Dippers (VG) with Baby Carrots	**19** SPECIAL OFFER *Turkey with Gravy, Mashed Potatoes and Dinner Roll or *Cheese Tamale (V) with Corn	**20** *Pizza (Cheese (V) or Pepperoni) or *Cheesy Pullaparts (V) with Cucumbers
23 *Beef Burrito or *Cheesy Enchiladas (V) with Beans	**24** *Crispy Chicken Sandwich or *Grilled Cheese Sandwich (V) with Potato Wedges	**25** *Turkey and Cheese Wedge sandwich or Cheesy Nachos (V) with Cucumbers	**26** 	**27** *Pizza (Cheese (V) or Pepperoni) with Baby carrots
30 *Hamburger or *Grilled Cheese Sandwich (V) with Potato Wedges			**All meals are served with fruit and a choice of milk** ***Most grains are whole grains** *** This institution is an equal opportunity provider** **(V) Vegetarian (VG) Vegan**	